Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Morning Moves 1030 Devotional TV 11:30 Social & Lunch 2:00 **Fall Colors** 3:00 Sorting Buttons 4:00-5:00 Room Visits	2 9:30 Daily News 10:30 Match It 11:30 Social & Lunch 1:00 Bingo 2:00 Long Word 3:00 Puzzles 4:00-5:00 Room Visits	3 9:30 Daily News 10:30 Nail Care 11:30 Social & Lunch 2:00 **Stick Plane** 3:00 Remember When Triva 4:00-5:00 Room Visits	4 9:30 Daily News 10:30 Stretching 11:30 Social & Lunch 2:00 Finish The Saying 3:00 Guess The Holiday 4:00-5:00 Movie	5 9:30 Daily News 10:30 Chair Exercise 11:30 Social & Lunch 2:00 Name That Tune 3:00 **Thankful Tree** 4:00-5:00 Room Visits	6 9:30 Daily News 10:30 Fitness Fun 11:30 Social & Lunch 2:00 Birthday Party 3:00 **Thanksgiving colors** 4:00-5:00 Room Visits	7 9:30 Morning Workout 10:30 Hang Man 11:30 Social & Lunch 2:00 Bingo 3:30 Memory 4:00-5:00 Room Visits
8 9:30 Morning Moves 1030 Devotional TV 11:30 Social & Lunch 2:00 Dominos 3:00 Golden Girls 4:00-5:00 Room Visits	9 9:30 Daily News 10:30 Stretching 11:30 Social & Lunch 1:00 Bingo 2:00 **Sky Painting** 3:00 Long Word 4:00-5:00 Room Visits	10 9:30 Daily News 10:30 Nail Care 11:30 Social & Lunch 2:00 Vanilla Cupcake 3:00 Old Time Commercials 4:00-5:00 Room Visits	11 9:30 Daily News 10:30 Morning Moves 11:30 Social & Lunch 2:00 Animal Guessing 3:00 **Veterans' Day Salute** 4:00-5:00 Movie Veterans Day	12 9:30 Daily News 10:30 Chair Exercise 11:30 Social & Lunch 2:00 Balloon Toss 3:00 Classic T.V. Show 4:00-5:00 Room Visits	13 9:30 Daily News 10:30 Fitness Fun 11:30 Social & Lunch 2:00 Pierogi Snack 3:00 **Leaf Sorting** 4:00-5:00 Room Visits	14 9:30 Morning Workout 10:30 Gloden Memory 11:30-12:00 Social & Lunch 2:00 Bingo 3:30 Funny Pet Videos 4:00-5:00 Room Visits
15 9:30 Morning Moves 1030 Devotional TV 11:30 Social & Lunch 2:00 **Coffee Filter Art** 3:00 Big Tic Tac Toe 4:00-5:00 Room Visits	16 9:30 Daily News 10:30 Stretching 11:30 Social & Lunch 1:30 Bingo 2:00 **Window Art** 3:00 Travel Talk 4:00-5:00 Room Visits	17 9:30 Daily News 10:30 Nail Care 11:30 Social & Lunch 2:00 **Thanksgiving Trivia** 3:00 Minute 2 Win It 4:00-5:00 Room Visits	18 9:30 Daily News 10:30 Poems 11:30 Social & Lunch 2:00 **Turkey Plate** 3:00 Hallway Bowling 4:00-5:00 Movie	19 9:30 Daily News 10:30 Chair Exercise 11:30 Social & Lunch 2:00 **Stick Turkey** 3:00 Ring Toss 4:00-5:00 Room Visits	20 9:30 Daily News 10:30 Fitness Fun 11:30 Social & Lunch 2:00 Peanut Butter Fudge Day 3:00 **Thanksgiving Words**	21 9:30 Morning Workout 10:30 Puzzles 11:30-12:00 Social & Lunch 2:00 Bingo 4:00-5:00 Room Visits
22 9:30 Moring Moves 1030 Devotional TV 11:30 Social & Lunch 2:00 **Photo Collage** 3:00 Would You Rather 4:00-5:00 Room Visits	23 9:30 Daily News 10:30 Stretching 11:30 Social & Lunch 1:30 Bingo 2:00 **Fall Craft** 3:00 Hang man 4:00-5:00 Room Visits	24 9:30 Daily News 10:30 Nail Care 11:30 Social & Lunch 2:00 **Pumpkin Patch** 3:00 Balloon Toss 4:00-5:00 Room Visits	25 9:30 Daily News 10:30 Chuck It 11:30 Social & Lunch 2:00 **Leaf Art** 3:00 Pie Cup 4:00-5:00 Movie	26 9:30 Daily News 10:30 Chair Exercise 11:30 Social & Lunch 2:00 **Turkey Shoot** **THANKSGIVING DAY** Thanksgiving Day (U.S.)	27 9:30 Daily News 10:30 Fitness Fun 11:30 Social & Lunch 2:00 **Color Of The Day** 3:00 Mystery Bag 4:00-5:00 Room Visits	28 9:30 Morning Workout 10:30 Puzzle Time 11:30 Social & Lunch 2:00 Bingo 4:00-5:00 Room Visits
29 9:30 Morning Moves 1030 Devotional TV 11:30 Social & Lunch 2:00 Finish The Nursery Rhyme 3:00 Nature Video 4:00-5:00 Room Visits	30 9:30 Daily News 10:30 Stretching 11:30 Social & Lunch 1:30 Bingo 2:00-3:00 **Welcoming December** 4:00-5:00 Room Visits	**SERENITY AT THE LAKESHORE**  				

Optalis Of Whitehall MI 1:1 Activities provided per Resident's needs. Activities subject to change