November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Games, Puzzles, Art Available for Independent Activities Daylight Saving Time Ends	**2** 9:00 Daily Chronicle 10:45 Moving to Music 12:30 Balloon Ball 2:00 Art Afternoon 3:30 Card Club	**3** 9:00 Daily Chronicle 10:45 Seated Yoga **12:30 Meijer Shopping**	**4** 9:00 Daily Chronicle 12:45 Workout with Cade 1:00 Bible Study 1:00 Bingo	**5** 9:00 Daily Chronicle 10:45 Moving to Music 12:45 Happy News and Thankful Trees 1:00 Balloon Ball 2:30 Nail Time	**6** 9:00 Daily Chronicle 10:45 Cardio Drumming 1:00 Bingo 2:30 Card Club 3:30 Scrabble	**7** Games, Puzzles, Art Available for Independent Activities
8 Games, Puzzles, Art Available for Independent Activities **3:00 Church Service** Diwali (Hindi)	**9** 9:00 Daily Chronicle 10:45 Moving to Music 12:30 Balloon Ball 1:00 Card Club 2:00 Bingo	**10** 9:00 Daily Chronicle 10:45 Seated Yoga 12:45 Battle Bal **1:00 Music With Mary** 2:30 Scrabble	**11** 12:45 Workout with Cade **2:00 Patriotic Voices Sing Together**. 2:30 Choir Practice 3:30 History of Veterans Day Chat, trivia and treats. Veterans Day Remembrance Day (Canada)	**12** 9:00 Daily Chronicle 10:45 Moving to Music 1:30 Happy News Thankful Trees 2:30 Nail Time	**13** Individual Activities Available in Dining Room Activities staff out of building for annual meeting.	**14** Games, Puzzles, Art Available for Independent Activities
15 Games, Puzzles, Art Available for Independent Activities	**16** 9:00 Daily Chronicle 10:45 Moving to Music 12:30 Balloon Ball 2:00 Art Afternoon 3:30 Card Club	**17** 9:00 Daily Chronicle 10:45 Seated Yoga **12:45 Fall Land Cruise Outing-scenic drive**	**18** 9:00 Daily Chronicle 12:45 Workout with Cade 1:00 Bible Study 1:00 Bingo	**19** 9:00 Daily Chronicle 10:45 Moving to Music 12:45 Happy News and Thankful Trees 1:00 Balloon Ball 2:30 Nail Time	**20** 9:00 Daily Chronicle 10:45 Cardio Drumming 1:00 Bingo 2:30 Card Club 3:30 Scrabble	**21** Games, Puzzles, Art Available for Independent Activities
22 Games, Puzzles, Art Available for Independent Activities **3:00 Church Service**	**23** 9:00 Daily Chronicle 10:45 Moving to Music 12:30 Balloon Ball 1:00 Card Club 2:00 Bingo	**24** 9:00 Daily Chronicle 10:45 Seated Yoga **1:00 Music With Mary** 2:30 Scrabble	**25** 9:00 Daily Chronicle 12:45 Workout with Cade 1:00 Bible Study 1:00 Bingo	**26** **Happy Thanksgiving Enjoy time with family and friends. Individual Activities and Movies in the Dining Room** Thanksgiving Day (U.S.)	**27** 9:00 Daily Chronicle 10:45 Cardio Drumming 1:00 Happy Hour 2:30 Bingo	**28** Games, Puzzles, Art Available for Independent Activities
29 Games, Puzzles, Art Available for Independent Activities	**30** 9:00 Daily Chronicle 10:45 Moving to Music 12:30 Balloon Ball 2:00 Art Afternoon 3:30 Card Club					

Activities are subject to change. Please refer to daily activity sheet for updates.