November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:15pm-Daily Chronicle-MDR 1:30pm-Televised Church-MDR 2:30pm-Table Games-MDR	2 9:30am-Coffee Club-MDR 10am-Game Show Playground-MDR 11:40am-Daily Chronicle-MDR 11:45am-What's Happening this week in Activities?-MDR 1:30pm-Aviary Action-St 1 2pm-Puzzle & Game handouts-600DR 2pm-Creative Storytelling-600DR 4:30pm-Wii Games-MDR 7pm-Social Visits-R2R	3 9:30am-Sunrise Club-MDR 10:30am-Bible Study-600DR 11am-Tuesday Trivia-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Music Therapy-MDR 2pm-Puzzle & Game handouts-NDR 2:30pm-Bingo-MDR 4pm-Car Club-MDR 6:45pm-Documentary-MDR	4 9:30am-Music & Coloring-MDR 10am-Baking/cooking group-MDR 11am-Music & Movement-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Table Games-MDR 2pm-Puzzle & Game handouts-600DR 2:30pm-Sensory/reminiscing-600DR 4pm-One to One Social Visits-R2R 6pm-Movie & concessions-MDR National Candy Day	5 9:30am-Royal Treatment Nail Spa-MDR 11am-Arts & Crafts-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Music & Mindfulness-MDR 2pm-Puzzle & Game handouts-NDR 2:30pm-Bingo-MDR 4:30pm-Social Visits-R2R 6:45pm-Game Night-MDR National Donut Day	6 9:30am-Coffee Club-MDR 10am-Arts & Crafts-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Movie & Concessions-MDR 1:30pm-Table Games-NDR 2pm-Puzzle & Game handouts-NDR 4:30pm-Social/reminiscing Visits-R2R	7 9:30am-Coffee Club-MDR 10am-Arts & Crafts-MDR 11am-Table Games-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Leisure Cart-R2R
8 9:30am-Coffee Club-MDR 10am-Televised Church-MDR 11am-Table Games-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Arts & Crafts-MDR 2:30pm-Social Visits-R2R	9 9:30am-Coffee Club-MDR 10am-Game Show Playground MDR 11:40am-Daily Chronicle-MDR 11:45am-What's Happening this week in Activities?-MDR 2pm-Puzzle & Game handouts-NDR 2pm-Virtual Travel-MDR 4:30pm-Wii Games-MDR 7pm-Social Visits-R2R	10 9:30am-Sunrise Club-MDR 10:30am-Bible Study-600DR 11am-Tuesday Trivia-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Table Games-MDR 2pm-Puzzle & Game handouts-NDR 2:30pm-Bingo-MDR 4pm-Car Club-MDR 6:45pm-Documentary & cupcakes-MDR National Vanilla Cupcake Day	11 9:30am-Music & Discussion-MDR 10am-Baking/cooking group-MDR 11am-Jazzercise-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Veterans Day & Sundays-MDR 2pm-Puzzle & Game handouts-NDR 4pm-One to One Social Visits-R2R 6pm-Movie & concessions-MDR Veterans Day National Sunday Day	12 9:30am-Royal Treatment Nail Spa-MDR 11am-Arts & Crafts-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Pen Pals-MDR 2pm-Puzzle & Game handouts-NDR 2:30pm-Bingo-MDR 4:30pm-Social Visits-R2R 6:45pm-Game Night-MDR Beauty Shop	13 9:30am-Coffee Club-MDR 10am-Game Show Playground-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Movie & Concessions-MDR 1:30pm-Table Games-NDR 2pm-Puzzle & Game handouts-NDR 4:30pm-Social/reminiscing Visits-R2R	14 9:30am-Coffee Club-MDR 10am-Arts & Crafts-MDR 11am-Table Games-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Leisure Cart-R2R

Optalis at Kent-Crossing Activities are Subject to Change **Activity Phone Number: 616-831-8631** **MDR-Main Dining Room** **CY-Courtyard** **600DR-600 Hall Dining Room**
Activity Team: Alexa, Shanna, Tim, Karyah, Irma (Volunteer), Rosa (Volunteer) **NDR-North Dining Room** **DPL-Duck Pond Lounge** **St 1-Station One Lobby** **R2R-Room to Room**

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am-Sunrise Club-MDR 15 10am-Grace for the Nation Church-MDR 11am-Gospel music-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Arts & Crafts-MDR 2:30pm-Social Visits-R2R	9:30am-Coffee Club-MDR 16 10am-Game Show Playground MDR 11:40am-Daily Chronicle-MDR 11:45am-What's Happening this week in Activities?-MDR 1:30pm-Aviary Action-St 1 2pm-Puzzle & Game handouts-600DR 2pm-Creative Storytelling-600DR 4:30pm-Wii Games-MDR 7pm-Social Visits-R2R	9:30am-Sunrise Club-MDR 17 10:30am-Bible Study-600DR 11am-Tuesday Trivia-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Table Games-MDR 2pm-Puzzle & Game handouts-NDR 2:30pm-Bingo-MDR 4pm-Car Club-MDR 6:45pm-Documentary-MDR	9:30am-Music & Coloring-MDR 18 10am-Active Game-MDR 11am-Arts & Crafts-MDR 11:40am-Daily Chronicle-MDR 2pm-Cooking/Baking (Chilli Bar)-MDR 2pm-Puzzle & Game handouts-NDR 4pm-One to One Social Visits-R2R 6pm-Movie & concessions-MDR	9:30am-Royal Treatment 19 Nail Spa-MDR 11am-Arts & Crafts-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Table Games-MDR 2pm-Puzzle & Game handouts-NDR 2:30pm-Bingo-MDR 4:30pm-Social Visits-R2R 6:45pm-Game Night-MDR	9:30am-Coffee Club-MDR 20 10am-Table Games-MDR 11:40am-Daily Chronicle-MDR 2pm-Birthday Party-MDR 2pm-Puzzle & Game handouts-NDR 4:30pm-Social/reminiscing Visits-R2R	1:15pm-Daily Chronicle-MDR 21 1:30pm-Table Games-MDR 2:30-Leisure Cart-R2R
1:15pm-Daily Chronicle-MDR 22 1:30pm-Televised Church-MDR 2:30pm-Table Games-MDR	9:30am-Coffee Club-MDR 23 10am-Game Show Playground MDR 11am-Resident Council-600DR 11:40am-Daily Chronicle-MDR 11:45am-What's Happening this week in Activities?-MDR 1:30pm-Aviary Action-St 1 2pm-Puzzle & Game handouts-600DR 2pm-Creative Open Hours-600DR 4:30pm-Wii Games-MDR 7pm-Social Visits-R2R	9:30am-Sunrise Club-MDR 24 10:30am-Bible Study-600DR 10:30am-Grand Rapids Catholic School Visit-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Coffee with the Administrator-MDR 2pm-Puzzle & Game handouts-NDR 2:30pm-Bingo-MDR 4pm-Car Club-MDR 6:45pm-Documentary-MDR	9:30am-Music & Discussion-MDR 25 10am-Baking/cooking group-MDR 11am-Active Game-MDR 11:40am-Daily Chronicle-MDR 2pm-Jukebox Singalong-MDR 2pm-Puzzle & Game handouts-NDR 4pm-One to One Social Visits-R2R 6pm-Movie & concessions-MDR National Juke Box Day	9:30am-Coffee Club-MDR 26 10am-Game Show Playground-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Independent Activity Sheets-MDR Thanksgiving	9:30am-Coffee Club-MDR 27 10am-Arts & Crafts-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Movie & Concessions-MDR 1:30pm-Table Games-NDR 2pm-Puzzle & Game handouts-NDR 4:30pm-Social/reminiscing Visits-R2R	9:30am-Coffee Club-MDR 28 10am-Arts & Crafts-MDR 11am-Table Games-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Leisure Cart-R2R
9:30am-Coffee Club-MDR 29 10am-Televised Church-MDR 11am-Table Games-MDR 11:40am-Daily Chronicle-MDR 1:30pm-Arts & Crafts-MDR 2:30pm-Social Visits-R2R	9:30am-Coffee Club-MDR 30 10am-Game Show Playground MDR 11:40am-Daily Chronicle-MDR 11:45am-What's Happening this week in Activities?-MDR 1:30pm-Aviary Action-St 1 2pm-Puzzle & Game handouts-NDR 2pm-Virtual Travel-MDR 4:30pm-Wii Games-MDR 7pm-Social Visits-R2R	Optalis at Kent-Crossing Activities are Subject to Change Activity Phone Number: 616-831-8631 Activity Team: Alexa, Shanna, Tim, Karyah, Irma (Volunteer), Rosa (Volunteer) MDR-Main Dining Room CY-Courtyard 600DR-600 Hall Dining Room NDR-North Dining Room DPL-Duck Pond Lounge St 1-Station One Lobby R2R-Room to Room				

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