November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Bible Study 1:00 Activity Games 2:00 Dominoes 4:00 Resident Choice Daylight Saving Time Ends	2 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 1:00 Coloring 2:00 All for All 4:00 Resident Choice	3 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Yoga Therapy 1:00 Board Games 2:00 Bingo Prize 4:00 Resident Choice	4 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 1:00 Group Music 2:00 Arts & Crafts 3:00 Ice Cream 4:00 Resident Choice	5 9:00 Daily Chronicle 9:00 Coffee & Music 10:00 Manicure & Makeup 2:00 Bingo 4:00 Resident Choice	6 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercises 1:00 Group Puzzle Game 2:00 Mixed Fruit Smoothies 4:00 Resident Choice	7 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Yoga Exercise 2:00 Quarter Bingo 4:00 Resident Choice
8 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 2:00 Bowling 3:00 Resident Choice Diwali (Hindi)	9 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Chair Exercise 1:00 Card Club 2:00 Puzzle Board Game 4:00 Resident Choice	10 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Manicures & Massage 2:00 Bingo 3:00 Music 4:00 Resident Choice	11 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Chair Yoga 2:00 Movie Time & Popcorn & Punch 4:00 Resident Choice Veterans Day Remembrance Day (Canada)	12 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Word-Find 1:00 Catholic Mass 2:00 Bingo 4:00 Resident Choice	13 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Chair Exercise 2:00 Arts & Crafts 3:00 Happy Hour (Mocktail) 4:00 Resident Choice	14 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 11:00 Tree of Life Bible Fellowship 2:00 Bingo & Snack 4:00 Resident Choice
15 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Bible Study 2:00 Puzzle & word-finds 3:00 Resident Choice	16 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 1:00 Wheelchair Soccer 2:00 Ice Cream 4:00 Resident Choice	17 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Resident Council 2:00 Bingo Prize 4:00 Resident Choice	18 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 1:30 Puzzle 2:00 Mixed Fruit Smoothie 3:00 Classic Movie 4:00 Resident Choice	19 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Grilled Chesses 1:00 Catholic Mass 2:00 Bingo 4:00 Color Expression 4:30 Resident Choice	20 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 1:00 Popcorn Toss 2:00 Pizza Party & Music 4:00 Resident Choice	21 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Board Game 2:00 Quarter Bingo 4:00 Resident Choice
22 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Coloring 2:00 Mixed Fruit Smoothies 3:00 Resident Choice	23 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Word-Find 2:00 Bowling 4:00 Resident Choice	24 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Air Hockey 2:00 Bingo 3:00 Movie 4:00 Resident Choice	25 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Yoga Therapy 11:00 Tree of Life Bible Fellowship 2:00 Popcorn & Punch 2:00 (Twice As Nice) 4:00 Resident Choice	26 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Coloring 1:00 Catholic Mass 2:00 Bingo 3:00 Charcuterie Board (Happy Thanksgiving Day) Thanksgiving Day (U.S.)	27 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Moring Exercise 2:00 Resident Birthday Party 3:00 Happy Hour 4:00 Resident Choice	28 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Ring Toss 2:00 Bingo Time 4:00 Resident Choice
29 9:00 Daily Chronicle 9:00 Coffee & Music 10:45 Bible Study 1:00 Board Game 2:00 Movie Time 4:00 Resident Choice	30 9:00 Daily Chronicle 9:00 Coffee & Hymns 10:45 Moring Exercise 2:00 Balloon Volley 3:00 Donuts 4:00 Resident Choice					

Daily Smoking Hour

10:30 AM 1:30 PM 3:00 PM 4:00 PM



Greenfield- An Optalis Health & Rehabilitation Center *** Activities Subject to Change*** **All Activities Take Place in The Main Dining Room**