

OCTOBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPTALIS HEALTH & REHABILITA- TION OF LEONARD ACTIVITY CALENDAR				1 10:15 Exercise Group 11:30 Piano Music 1:30 Hands & Nails 3:15 Card Club 5:00 Social Hour 6:45 Bingo	2 10:15 Pokeno 11:30 Charades 2:00 Movie & Floats 4:00 Leisure Rounds	3 10:15 Table Games 11:30 Trivia 2:00 Bingo 5:00 Trivia 6:45 Bowling
4 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 UNO	5 10:15 Exercise Group 11:30 Trivia 1:00 Leisure Rounds 2:30 Pokeno 4:15 Darts 6:45 Dominos	6 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Puzzles 6:45 LCR Game	7 Wear Pink Day 10:00 Resident Council/Food Committee 11:30 Hangman 2:15 Halloween Craft 5:00 Trivia 6:45 Farkle	8 10:15 Exercise Group 1:30 Piano Music 1:30 Hands & Nails 3:15 Card Club 5:00 Social Hour 6:45 Bingo	9 10:15 Pokeno 11:30 Charades 2:15 LCR Game 4:00 Leisure Rounds	10 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Pokeno
11 Harvest Week Begins! 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Social Hour 6:45 Dominos	12 Columbus Day/ Wear Sports Shirt 10:15 Exercise Group 11:30 Trivia 2:30 Pokeno 4:15 Pumpkin Spice Coffee Hour 6:45 UNO	13 Wear Red 10:30 Prayer Group 1:00 Room Visits 2:00 Apple Bar 2:30 Bingo 5:00 Trivia 6:45 Bean Bag Toss	14 Flannel & Friends- Cider & Donuts 10:15 Dominos 11:30 Hangman 2:00 General Store 5:00 Trivia 6:45 Farkle	15 Wear your favorite Hoodie 10:00 Cooking- Pumpkin Pie Twists 11:30 Piano Music 1:30 Hands & Nails 3:15 Card Club 6:45 Bingo	16 Wear Fall Colors 10:15 Pokeno 11:00 Harvest Pub Crawl 2:00 Movie & Snacks 4:00 Leisure Rounds	17 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Darts
18 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 UNO	19 10:15 Exercise Group 11:30 Trivia 1:00 Leisure Rounds 2:30 Pokeno 4:15 Coffee Hour 6:45 LCR Game	20 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Farkle	21 INSANE BINGO DAY Bingo played from 10am to 4pm with a break for lunch. 5:00 Trivia 6:45 Music with Mark	22 Bake Sale 10:15 Exercise Group 11:30 Piano Music 1:30 Hands & Nails 3:15 Card Club 5:00 Social Hour 6:45 Bingo	23 10:15 Pokeno 11:30 Charades 2:15 Cake & Icecream 4:00 Leisure Rounds	24 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Pokeno
25 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 Dominos	26 10:15 Exercise Group 11:30 Trivia 1:00 Room Visits 2:30 Pokeno 4:15 Coffee Hour 6:45 UNO	27 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Darts	28 Wear Halloween PJ's 10:15 Dominos 11:30 Hangman 2:15 Pumpkin- decorating 5:00 Trivia 6:45 Farkle	29 Wear Orange & Black 10:15 Music Therapy 11:30 Piano Music 1:30 Nails 4:00 Trick-or- Treating 6:45 Bingo	30 10:15 Pokeno 11:30 Charades 2:15 Halloween Party 4:00 Leisure Rounds	31 Happy Halloween! 10:15 Table Games 11:30 Trivia 2:00 Halloween Bingo 5:00 Trivia 6:45 Bowling
		1:1 Activities provided per Resident's needs. Activities subject to change.		Beauty Shop is open every other Monday, at 9:15am, by appointment.		