

October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Optalis of Grand Rapids 				1 9:45 Ball & Bat (Babe Ruth Day) 10:30 Hymns & Devotions 2:00 Classic Beats & Treats w/DJ Calvin 3:15 Yosemite Anniversary	2 9:45 Exercise 10:30 Card Games 2:00 Movie Time 3:30 In-Room Activities Pre-dinner activities will be in the dining room	3 9:45 Broom Hockey 10:30 Bunco
4 1:45 Church 2:30 Chat & Sip	5 9:45 Exercise 10:30 October Fun Facts 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room	6 9:45 Ghost Toss 10:30 Cider & Donuts 2:00 Leaf Art 3:15 Dutch Shuffleboard Pre-dinner activities will be in the dining room	7 10:30 Fly Ball 2:00 Music Therapy 3:15 Bunco 6:00 Target Toss Games 7:00 Manicures & Music	8 9:45 Paddle Ball 10:30 Hymns & Devotions 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room	9 9:45 Exercise 10:30 Card Games 2:00 Movie Time 3:30 In-Room Activities Pre-dinner activities will be in the dining room	10 9:45 Sing & Swing to Show Tunes 10:30 Name That Tune Universal Music Day
11 1:45 Church 2:30 Lawrence Welk	 12 9:45 Exercise 10:30 Indigenous People Day 1:30 Food Committee 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room	13 9:45 Football Toss 10:30 Believable or Batty?! 2:00 Caramel Apple Kitchen Fun 3:15 Classic TV Pre-dinner activities will be in the dining room	14 10:30 Sing-a-Long 2:00 Bingo 3:30 Sunshine Visits 6:00 Through The Web Toss 7:00 Halloween Short Stories	15 9:45 Pumpkin Toss 10:30 Hymns & Devotions 2:00 A Hoot of a Day 3:15 Wii Games  Pre-dinner activities will be in the dining room	16 9:45 Exercise 10:30 Card Games 2:00 Movie Time 3:30 In-Room Activities Pre-dinner activities will be in the dining room	17  Sweetest Day
18 1:45 Church 2:30 Chat & Sip	19 9:45 Exercise 10:30 Ghoulishly Fun Riddles 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room	20 9:45 Ghost Toss 10:30 Monster Mash Dancercise 2:00 Pumpkin Stained Glass Art 3:15 Manicures & Music Pre-dinner activities will be in the dining room	21 10:30 Spider Says Game 2:00 Bingo 3:30 Sunshine Visits 6:00 All About Alaska 7:00 Alaska Armchair Travels	22 9:45 Beachball Hockey 10:30 Hymns & Devotions 2:00 Monthly Birthday Party W/Eddie's Music 3:30 In-Room Activities	23 9:45 Exercise 10:30 Card Games 2:00 Movie Time 3:30 In-Room Activities Pre-dinner activities will be in the dining room	24 9:45 Pumpkin Toss 10:30 Halloween Puzzles 
25 1:45 Church 2:30 Lawrence Welk	26 9:45 Exercise 10:30 Monster Movie History 1:30 Resident Council 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room	27 9:45 Broom Hockey 10:30 Halloween Scatergories 2:00 Fall Flower Arranging 3:00 Tattoos & Brews Pre-dinner activities will be in the dining room	28 10:30 Halloween Would You Rather Game 2:00 Bingo 3:30 Sunshine Visits 6:00 Ball Game Fun 7:00 Massage & Relax	29 9:45 Ghost Toss 10:30 Hymns & Devotions 2:00 Bingo Store 3:15 Classic TV Pre-dinner activities will be in the dining room	30 9:45 Exercise 10:30 Card Games 2:00 Halloween Party 3:30 In-Room Activities Pre-dinner activities will be in the dining room	31 9:45 Ghost Toss 10:30 Halloween Coloring  Halloween