

| Sunday                                                                                                                                   | Monday                                                                                                                                                                                                                                                                               | Tuesday                                                                                                                                                                                                                                                              | Wednesday                                                                                                                                                                                                                                                                                              | Thursday                                                                                                                                                                                                                           | Friday                                                                                                                                                                                                                                              | Saturday                                                                                                                                                                   |
|------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                         |                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                        | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>11:00-Stroll Patrol <b>CY*</b><br>1:00-Pumpkin Spice Products Taste Test <b>AR</b><br>2:00-True Crime Episode <b>AR</b><br>3:00-Watch Music Videos <b>AR</b> | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>10:30- Chair Yoga <b>AR</b><br>11:00- Guided Meditation <b>AR</b><br>2:00-BINGO <b>2DR</b><br>3:30-Action Movie <b>AR</b><br>5:00-Card Sharks (Assorted card Games) <b>AR</b> | 10:00-Daily Chronicles <b>IR</b><br>11:00-Jenga <b>AR</b><br>1:00- Spades <b>AR</b><br>2:00- Music Therapy <b>AR</b><br><br><br>Simchat Torah Begins                       |
| 10:00-Daily Chronicles <b>IR</b><br>11:00-Coffee & Donuts <b>AR</b><br>1:00-Movie & Popcorn ( <i>Little Giants</i> , '94) <b>2DR</b>     | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>11:00-Watercolor Painting <b>AR</b><br>1:00- Halloween Craft <b>AR</b><br>2:00-The Twilight Zone <b>AR</b><br>3:00- LCR Game <b>AR</b><br>5:30-Watch Music Videos <b>AR</b>                                    | 9:00-Daily Chronicles <b>IR</b><br>10:00-Coffee & Convo <b>AR</b><br>10:30-Chair Aerobics <b>AR</b><br>11:00-Nails & Rom-Com Movie <b>AR</b><br>1:00-Would You Rather? <b>2DR</b><br>2:00-BINGO <b>2DR</b><br>5:00- Comedy Movie <b>AR RR</b>                        | 9:00-Daily Chronicles <b>IR</b><br>10:00-Coffee & Convo <b>2DR</b><br>11:00-Decorate Chocolate Covered Pretzels <b>AR</b><br>1:00-Dominoes <b>AR</b><br>2:00- Horror Movie Club <i>'Fright Night</i> , '85' <b>2DR</b><br>3:30-Horror Movie Discussion <b>AR</b><br>5:30-Adult Coloring- <b>AR RR</b>  | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>11:00-Name That Tune! <b>AR</b><br>1:00-Karaoke <b>AR</b><br>2:00-True Crime Episode <b>AR</b><br>3:00-Never Have I Ever <b>AR</b>                           | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>10:30- Chair Yoga <b>AR</b><br>11:00-Guided Meditation <b>AR</b><br>2:00-BINGO <b>2DR</b><br>3:30-Senior Self Care with Darlene <b>2DR</b>                                    | 10:00-Daily Chronicles <b>IR</b><br>11:00-Outside Time <b>CY*</b><br>1:00-Baptist Church Service <b>AR</b><br>2:00-Charades <b>AR</b>                                      |
| 10:00-Daily Chronicles <b>IR</b><br>11:00-Coffee & Donuts <b>AR</b><br>1:00-Movie & Popcorn ( <i>Sleepy Hollow</i> , '99) <b>2DR</b>     | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>10:30-Chair Aerobics <b>AR</b><br>11:00-IPD Trivia <b>AR</b><br>1:00- Scrabble <b>AR</b><br>2:00-Paint Ceramics! <b>2DR</b><br><br>Indigenous Peoples' Day<br>Columbus Day (U.S.)<br>Thanksgiving Day (Canada) | 9:00-Daily Chronicles <b>IR</b><br>10:00-Coffee & Convo <b>AR</b><br>10:30-Chair Aerobics <b>AR</b><br>11:00-Black Cat Painting <b>AR</b><br>1:00-Mad Libs <b>2DR</b><br>2:00-BINGO <b>2DR</b><br>5:00-Action Movie <b>AR RR</b>                                     | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>2DR</b><br>11:00-Guided Meditation <b>AR</b><br>1:00-Spades <b>AR</b><br>2:00- Horror Movie Club ( <i>All the Boys Love Mandy Lane</i> , '06) <b>2DR</b><br>3:30-Horror Movie Discussion <b>AR</b><br>5:30-Uno <b>AR RR</b>                | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>11:00-Easy Easy Easy Game <b>AR</b><br>1:00-Happy Hour <b>2DR</b><br>2:30-True Crime Episode <b>AR</b><br>3:00-Nails & Rom-Com <b>AR</b>                     | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>10:30- Chair Yoga <b>AR</b><br>11:00- Guided Meditation <b>AR</b><br>2:00-BINGO <b>2DR</b><br>3:30-Poetry for Neanderthals Game <b>AR</b>                                     | 10:00-Daily Chronicles <b>IR</b><br>11:00-Outside Time <b>CY*</b><br>1:00- Black Poetry Reading <b>AR</b><br>2:00- Movin' & Groovin' <b>AR</b><br><br><br>Black Poetry Day |
| 10:00-Daily Chronicles <b>IR</b><br>11:00-Coffee & Donuts <b>AR</b><br>1:00-Movie & Popcorn ( <i>American Fiction</i> , '23) <b>2DR</b>  | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>11:00-Senior Poll <b>AR</b><br>1:00- Hot Seat Game <b>AR</b><br>2:00-The Twilight Zone <b>AR</b><br>3:00-Easy Easy Easy Game <b>AR</b><br>5:30-Jazz Corner <b>AR</b>                                           | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>10:30-Chair Aerobics <b>AR</b><br>11:00-Resident/Food Council <b>AR</b><br>1:00-The Picnic Game <b>2DR</b><br>2:00-BINGO <b>2DR</b><br>3:30-Watch Music Videos <b>AR</b>                       | 9:00-Daily Chronicles <b>IR</b><br>10:00-Coffee & Convo <b>AR</b><br>11:00-Ultimate Werewolf Game <b>AR</b><br>1:00-Acrylic Still Life Painting <b>AR</b><br>2:00- Horror Movie Club <i>'Bones And All</i> '22 <b>2DR</b><br>3:30-Horror Movie Discussion <b>AR</b><br>5:30-Music Therapy <b>AR RR</b> | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>11:00-Stroll Patrol <b>CY*</b><br>1:00-Caramel Apple <b>AR</b><br>2:00-True Crime Episode <b>AR</b><br>3:00-Action Movie <b>AR</b>                           | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>10:30- Chair Yoga <b>AR</b><br>11:00-Guided Meditation <b>AR</b><br>2:00-BINGO <b>2DR</b><br>3:30-Invent a Holiday <b>AR</b>                                                  | 10:00-Daily Chronicles <b>IR</b><br>11:00-Paper Sculptures <b>AR</b><br>1:00-Apples & Dips <b>AR</b><br>2:00-Name That Tune <b>AR</b>                                      |
| 10:00-Daily Chronicles <b>IR</b><br>11:00-Coffee & Donuts <b>AR</b><br>1:00-Movie & Popcorn ( <i>Midnight in Paris</i> , '11) <b>2DR</b> | 9:00-Daily Chronicles <b>IR</b><br>10:00-Coffee & Convo <b>AR</b><br>11:00-Growing Dot Drawing <b>AR</b><br>1:00-Board Games <b>AR</b><br>2:00-The Twilight Zone <b>AR</b><br>3:00-Uno <b>AR</b><br>5:30-Comedy Movie <b>AR RR</b>                                                   | 9:00-Daily Chronicles <b>IR</b><br>10:00-Coffee & Convo <b>AR</b><br>10:30-Chair Aerobics <b>AR</b><br>11:00-Nails & Rom-Com <b>AR</b><br>1:00- Lunch Club <b>AR</b><br>2:00-OCT Birthday Party with LIVE ENTERTAINMENT <b>2DR</b><br>5:30- Board Games <b>AR RR</b> | 9:00-Daily Chronicles <b>IR</b><br>10:30- Catholic Communion <b>2DR</b><br>11:00-Grabber Games <b>AR</b><br>1:00-Trivia (Music) <b>AR</b><br>2:00- Horror Movie Club <i>'Tales of Halloween</i> , '15 <b>2DR</b><br>3:30-Horror Movie Discussion <b>AR</b><br>5:30-Adult Coloring <b>AR RR</b>         | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>11:00-String Pull Painting <b>AR</b><br>1:00-Clue Game <b>2DR</b><br>2:30-True Crime Episode <b>AR</b><br>3:00-Trick or Treat! <b>AR</b>                     | 9:00-Daily Chronicles <b>IR</b><br>10:00- Coffee & Convo <b>AR</b><br>10:30- Chair Yoga <b>AR</b><br>11:00-Guided Meditation <b>AR</b><br>2:00-BINGO <b>2DR</b><br>3:30-Candy Corn Taste Test <b>AR</b>                                             | 10:00-Daily Chronicles <b>IR</b><br>11:00-Halloween Craft <b>AR</b><br>1:00-Halloween Party <b>2DR</b><br>2:00-Stick Man <b>AR</b><br><br><br>Halloween                    |

ACTIVITIES ARE SUBJECT TO CHANGE, WE APPRECIATE YOUR COOPERATION- RR- RESIDENT RAN, AR- ACTIVITY ROOM, 2DR- 2ND FLOOR DINING ROOM, 1DR-1ST FLOOR DINING ROOM, CY- COURTYARD (Weather Permitting), L- LOBBY