

October 2026- Autumn Uni

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Calendar subject to Change without notice. Group times start around the time listed.	Afternoon Stroll M-F at 1:45 Music Group Daily at 11:15	Cognitive- ie. Trivia, Family Feud, Word Games, Reminiscing, Penny Ante, Pictionary	Sensory - <u>Mon-Fri</u> – hand massage, textures, visual, auditory, gustatory, etc. Physical – ie. exercise, dancing in your seat, kickball, parachute, target toss	Music – any type of music or sing-a-long Reading- ie. current events, magazine articles, soup for the soul, readers digest, poetry	Sports – ie. Ball toss, balloon volley, bowling, horse shoes, ring toss, kickball, table games	
				1 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Crafts	2 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	3 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
4 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	5 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	6 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	7 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	8 10:00 Sports Group 10:40 Physical Group 2:30 Birthday Party w/ Christine Schrickner (MD) 	9 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	10 10:00 Sport Group 10:40 Physical Group 2:30 Sports Groups 3:40 Games
11 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	12 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	13 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	14 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	15 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Crafts	16 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	17 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
18 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	19 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	20 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	21 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	22 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Crafts	23 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	24 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
25 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	26 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	27 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	28 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group	29 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Crafts 5:30 Truck or Treat 	30 10:00 Sports Group 10:40 Physical Group 2:30 Halloween Party w/Rob Johnson (MD)	 31 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games