

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
All Activities Subject to Change		1 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Fall Scents (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	2 10:50 Morning Stretch (HL) 2:30 Bingo (MDR) 2:30 Ice Cream Parlor (MDR)	3 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	4 10:50 Balloon Volley (HL) 2:30 Salted Caramel Pretzel Sundaes (MDR)	5 10:15 Friendly Visits (IR) 2:00 Bingo (MDR)
6 10:15 Friendly Visits (IR) 2:00 Rochester Church of Christ Service (RT)	7 9:00 Catholic Communion (IR) 10:15 Friendly Visits (IR) 2:30 Ice Cream Parlor (MDR) Labor Day	8 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Tailgating Trivia (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	9 10:50 Morning Stretch (HL) 2:30 Big Bingo! (MDR) 2:30 Ice Cream Parlor (MDR)	10 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	11 10:50 Noodle Ball (HL) 2:30 Blue Moon Sundaes (MDR) Rosh Hashanah Begins	12 10:15 Friendly Visits (IR) 2:00 Bingo (MDR)
13 10:15 Friendly Visits (IR) 2:00 Central Woodward Christian Church Service (RT) Grandparents Day	14 9:00 Catholic Communion (IR) 1:30 Chair Yoga with Joyce (MDR) 2:30 Music with Leonard Dow (MDR) 2:30 Ice Cream Parlor MDR	15 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Name that Love Song (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	16 10:50 Morning Stretch (HL) 2:30 Bingo (MDR) 2:30 Ice Cream Parlor (MDR)	17 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	18 10:50 Balloon Volley (HL) 2:30 Apple Pie Sundaes (MDR)	19 10:15 Friendly Visits (IR) 2:00 Bingo (MDR) Oktoberfest Begins
20 10:15 Friendly Visits (IR) 2:00 Autumn Apple Social (RT) Yom Kippur Begins	21 9:00 Catholic Communion (IR) 1:30 Resident Council (CC) 2:30 Classic School Anthems (MDR) 2:30 Ice Cream Parlor (MDR)	22 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 "Guess the Dress" Game (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR) Autumn Begins	23 10:50 Morning Stretch (HL) 2:30 Big Bingo! (MDR) 2:30 Ice Cream Parlor (MDR)	24 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	25 10:50 Noodle Ball (HL) 2:30 September Resident Birthday Party with Christine Schinker (MDR) Sukkot Begins	26 10:15 Friendly Visits (IR) 2:00 Dollar Bingo! (MDR)
27 10:15 Friendly Visits (IR) 2:00 Cider & Donuts Social (RT)	28 9:00 Catholic Communion (IR) 1:30 Chair Yoga with Joyce (MDR) 2:30 Songs of September (MDR) 2:30 Ice Cream Parlor MDR	29 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Cake Ratings (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	30 10:50 Morning Stretch (HL) 2:30 Bingo (MDR) 2:30 Ice Cream Parlor (MDR)	September 2026 Woodward Hills Recreation Calendar		

Main Dining Room= MDR, Recreation Room= RT, Hunter Lounge= HL, In Room= IR, CC= Cozy Corner, Channel 30= Ch 30, ***= Must Sign Up to Attend