

SEPTEMBER 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPTALIS HEALTH & REHABILITA- TION OF LEONARD ACTIVITY CALENDAR		1 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Trivia 6:45 Darts	2 10:00 Resident Council/Food Committee 11:30 Hangman 2:15 Cooking— Fried Green Tomatoes 6:45 Farkle	3 10:15 Exercise Group 11:30 Piano Music 1:30 Hands & Nails 3:00 Courtyard 5:00 Social Hour 6:45 Bingo	4 10:15 Pokeno 11:30 Charades 2:15 Courtyard Social 4:00 Leisure Rounds	5 10:15 Table Games 11:30 Trivia 2:00 Bingo 5:00 Trivia 6:45 Bowling
6 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 UNO	7 Happy Labor Day! 10:15 Exercise 11:30 Trivia 1:00 Leisure Rounds 2:30 Pokeno 4:00 Courtyard 6:45 Dominos	8 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Puzzles 6:45 LCR Game	9 10:15 Craft 11:30 Hangman 2:15 Courtyard Social 5:00 Trivia 6:45 Farkle	10 10:15 Exercise Group 1:30 Piano Music 1:30 Nails 3:00 Courtyard 5:00 Social Hour 6:45 Bingo	11 Patriot Day 10:15 Pokeno 11:15 Moment of Silence 2:15 LCR Game 4:00 Leisure Rounds Wear Red, White, & Blue	12 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Pokeno
13 10:15 Grand- parent's Day Social 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Social Hour 6:45 Dominos	14 10:15 Exercise Group 11:30 Trivia 1:00 Leisure Rounds 2:30 Pokeno 4:00 Courtyard Visits 6:45 UNO	15 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Trivia 6:45 Bean Bag Toss	16 10:15 Dominos 11:30 Hangman 2:00 General Store 5:00 Trivia 6:45 Farkle	17 Bake Sale 10:15 Exercise Group 11:30 Piano Music 1:30 Nails 3:00 Courtyard 5:00 Social Hour 6:45 Bingo	18 10:15 Pokeno 11:30 Charades 2:15 Courtyard Social 4:00 Leisure Rounds	19 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Darts
20 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 UNO	21 10:15 Exercise Group 11:30 Trivia 1:00 Leisure Rounds 2:30 Pokeno 4:00 Courtyard Visits 6:45 LCR Game	22 Autumn Begins 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Farkle	23 Opta-Snack Attack! INSANE BINGO DAY Bingo played from 10am to 4pm with a break for lunch. 6:45 Music with David	24 Opta- Grill- Apalooza! 10:15 Exercise Group 11:30 Piano Music 1:30 Nails 3:00 Courtyard 5:00 Social Hour 6:45 Bingo	25 Opta- Palooza! 10:15 Pokeno 11:30 Charades 2:15 Opta- Palooza (CTYD) 4:00 Leisure Rounds	26 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Pokeno
27 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 Dominos	28 10:15 Exercise Group 11:30 Trivia 1:00 Room Visits 2:30 Pokeno 4:00 Courtyard Visits 6:45 UNO	29 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Darts	30 10:15 Dominos 11:30 Hangman 2:15 Cake & Icecream 5:00 Trivia 6:45 Farkle		Opta- Palooza begins September 23 - 25 (see flyers for more details)	
		1:1 Activities provided per Resident's needs. Activities subject to change.		Beauty Shop is open every other Monday, at 9:15am, by appointment.		