

September 2026- Autumn Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Calendar subject to Change without notice. Group times start around the time listed.	Afternoon Stroll M-F at 1:45 Music Group Daily at 11:15	Cognitive- ie. Trivia, Family Feud, Word Games, Reminiscing, Penny Ante, Pictionary	Sensory - Mon-Fri – hand massage, textures, visual, auditory, gustatory, etc. Physical – ie. exercise, dancing in your seat, kickball, parachute, target toss	Music – any type of music or sing-a-long Reading- ie. current events, magazine articles, soup for the soul, readers digest, poetry	Sports – ie. Ball toss, balloon volley, bowling, horse shoes, ring toss, kickball, table games	
		1 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	2 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	3 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Crafts	4 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	5 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
6 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	 7 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	8 10:00 Sports Group 10:40 Physical Group 2:30 Birthday Party w/ Kelly Miller (MD) 	9 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	10 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	11 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	12 10:00 Sport Group 10:40 Physical Group 2:30 Sports Groups 3:40 Games
 13 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	14 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	15 10:00 Sports Group 10:40 Physical Group 2:30 End of Summer BBQ (P) 3:30 Finishing Lines	16 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	17 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	18 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	19 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
20 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	21 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	22 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures 	23 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	 24 10:00 Sports Group 10:40 Physical Group 2:30 Ocktoberfest w/Shelia Lowe Burke (MD)	25 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	26 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
27 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	28 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	29 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	30 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program			