

SEPTEMBER 2026

OPTALIS HEALTHCARE OF DEARBORN



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6 Activity packet located at nurse station and activity cart front lobby	7 Labor Day!! Activity packet located in the lobby and both nurse stations HBD Miltred!	1 Friendly Visits Daily Delight Mystery Table (FDR) 2p Bingo (FDR) 3:30 Bowling (FDR) 6p Free Choice (Lobby)	2 Friendly Visits Daily Delight Mystery Table (FDR)	3 Friendly Visits Daily Delight Mystery Table (FDR)	4 Friendly Visits Daily Delight Mystery Table (FDR) 2pm Back yard BBQ	5 Activity packet available at nurse station and front lobby HBD Denise!
13 Friendly Visits Daily Delight Mystery Table (FDR) Sunday Gospel (FDR) 2:00 Paint Me Pretty (FDR) 3:30p Exercise (FDR)	14 Friendly Visits Daily Delight Mystery Table (FDR) 2:30 Fall Arts and Crafts (Lobby) 4p Social Hour (Lobby)	8 Friendly Visits Daily Delight Mystery Table (FDR) 2p Bingo (FDR) 6p Free Choice (Lobby)	9 Friendly Visits Daily Delight Mystery Table (FDR) 2p Movie and Popcorn (FDR) 4 Social Hour (FDR)	10 Friendly Visits Daily Delight Mystery Table (FDR) 2:30 Pokemo (FDR) 4p Card/Board Games (FDR) 5:30 Free Choice (Lobby)	11 Friendly Visits Daily Delight Mystery Table (FDR) 2p Social Hour (Lobby)	12 Friendly Visits Daily Delight Mystery Table (FDR) 10a Catholic Mass (FDR) 2p Saturday movie (FDR)
20 Friendly Visits Daily Delight Mystery Table (Lobby) Sunday Gospel HBD Edna! HBD Nancy!	21 Friendly Visits Daily Delight Mystery Table (FDR) 2:30 Bowling (FDR) 4p Board /Card games (FDR)	15 Friendly Visits Daily Delight Mystery Table (FDR) 2p Bingo (FDR) Social Hour (FDR) 5:30p Free Choice (FDR) HBD Kenneth!	16 Friendly Visits Daily Delight Mystery Table (FDR) 2:30 Movie and popcorn (FDR) 4p Jewelry Making (FDR)	17 Friendly Visits Daily Delight Mystery Table (FDR) 2:30 Food Committee (RTD) Resident Council (RTD)	18 Friendly Visits Daily Delight Mystery Table (FDR) 2p Trivia Social Hour (FDR)	19 Friendly Visits Daily Delight Mystery Table (FDR) 2p Free Choice (Lobby)
27 Friendly Visits Daily Delight Mystery Table (FDR) Sunday Gospel (Lobby) 2p Paint Me Pretty (FDR) Sunday Movie (FDR)	28 Friendly Visits Daily Delight Mystery Table (FDR) 2p Social Hour (Lobby)	22 Friendly Visits Daily Delight Mystery Table (FDR) 2:30 Bingo (FDR) 4p Chair Yoga (FDR) 5p Dinner and a movie (FDR)	23 Friendly Visits Daily Delight Mystery Table (FDR) 2:00 Movie and Popcorn (FDR) 4:30 Jazz Time (FDR)	24 Friendly Visits Daily Delight Mystery Table (FDR) 2p Sock Hop (Lobby)	25 Friendly Visits Daily Delight Mystery Table (FDR) 2p Friday Movie /Music (Lobby) HBD Cedric!	26 Friendly Visits Daily Delight Mystery Table (FDR) 2:30 Saturday Bingo (FDR) Arts and crafts (FDR)
29 Friendly Visits Daily Delight Mystery Table (FDR) 2p Cooking with Sharon (FDR) 3:30 Bingo (FDR) 5p Free Choice (FDR) HBD Walter!	30 Friendly Visits Daily Delight Mystery Table (FDR) Vintage T-shirt Day Wear your classic T-shirts (FDR) 2p Movie & Popcorn (FDR)					