

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026						1 10:00 Donuts & Coffee -FS 11:00 Spidey Day! Spiderman Movie Marathon and Popcorn - AR 2:00 Room to Room Visits -RR 5:00 Independent Activity Board - AR
2 10:30 Church Live Stream -AR 11:00 Coloring Book Day Group -CS 2:00 Bingo -FS 5:00 Independent Activity Board -AR	3 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Hand Massage + Manicures -TCU 2:30 Hydration Cart-RR 3:00 Cardio Drumming -AR 3:45 Happy BDay, NBA! Throw and Win Activity -FS	4 9:30 Daily Chronicle & Mail Delivery-RR 10:30 Tea & Coffee -FS 11:00 Outing: Graeters Ice Cream*Sign up is FULL* 11:00 Chocolate Chip Cookie Day -AR 2:00 Bingo -FS 3:30 Hydration Cart-RR	5 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Uno! -RW 2:00 Doug Smith Musical Performance -FS 3:00 Hydration Cart-RR 3:30 Pamper Yourself Day: Facemasks and Mocktails -AR	6 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Happy BDay, Lucy! I Love Lucy Marathon - AR 2:00 Summer Bingo -FS 3:30 Root beer Floats -RW	7 9:30 Weekend Packet & Mail Delivery-RR 11:00 Play Cards: Spades -FS 2:30 Hydration Cart-RR 3:30 Wheelchair 'Car Wash' -CY Personal Shopping Unit 1+4	8 10:00 Donuts & Coffee -FS 11:00 Bowling Day! Bowl for Prizes -CS 2:00 Movie and Popcorn - AR 5:00 Independent Activity Board - AR
9 10:45 Manna Fest Christian Church -CH 11:00 Indigenous People Day Historical Chats -RW 2:00 Bingo -FS 5:00 Independent Activity Board -AR	10 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Hand Massage + Manicures -TCU 2:00 Food Committee and Resident Council meeting -AR 3:30 Monopoly Day; Play Monopoly -FS	11 9:30 Daily Chronicle & Mail Delivery-RR 10:30 Tea & Coffee -FS 2:00 Bingo -FS 3:00 Hydration Cart-RR 3:30 Seashell Painting -AR	12 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Outing: El Vaquero Mexican Restaurant -O 2:30 Hydration Cart-RR 3:00 Play Cards: Resident Choice -FS	13 9:30 Daily Chronicle & Mail Delivery-RR 11:00 South Paw Day: Lefty Activity Challenges -FS 2:00 Summer Bingo -FS 3:30 Hydration Cart-RR	14 9:30 Weekend Packet & Mail Delivery-RR 10:30 Veterans Group -FS 2:00 Bake Zucchini Bread -AR 3:00 Hydration Cart-RR 3:30 Nerf Target Practice -RW Personal Shopping Unit 2+3	15 10:00 Donuts & Coffee -FS 11:00 Hippie Day Trivia and Word Search -CS 2:00 Movie and Popcorn - AR 5:00 Independent Activity Board - AR
16 10:30 Church Live Stream -AR 11:00 Open Arts & Crafts Time -AR 2:00 Bingo -FS 3:30 Klondike Day- Klondike Bar Pass -RR 5:00 Independent Activity Board -AR	17 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Hand Massage + Manicures -TCU 2:30 Hydration Cart-RR 3:00 Cardio Drumming -AR 3:45 Summer Wreath Making -AR	18 9:30 Daily Chronicle & Mail Delivery-RR 10:30 Tea & Coffee -FS 11:00 Lunch Pick-Up: Wing Stop -RR 2:00 Bingo -FS 3:30 Keep Your Kool-Aid Day! Kool-Aid Pass -RR	19 9:30 Daily Chronicle & Mail Delivery-RR 1 - 3pm FACILITY FARMERS MARKET -Local Artist: Paper Making -Flowers, Food, Drinks and more! Bring your family!	20 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Play Cards: Hearts -FS 2:00 Happy BDAY NFL! NFL Bingo -FS 3:30 National Lemonade Day! Lemonade Pass-RR	21 9:30 Weekend Packet & Mail Delivery-RR 10:30 National Senior Citizen Day- Enjoy Krispy Kreme Donuts + Coffee -FS 2:30 Hydration Cart-RR 3:00 August Trivia -CS NO PERSONAL SHOPPING National Senior Citizen Day!	22 10:00 Donuts & Coffee -FS 11:00 Beginning of ASL: Learn some Basic Signs! -AR 2:00 Movie and Popcorn - AR 5:00 Independent Activity Board - AR
23 10:45 Manna Fest Christian Church -CH 11:00 US Open Tennis Championships Start: Watch in Activities Room 2:00 Bingo -FS 5:00 Independent Activity Board -AR	24 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Hand Massage + Manicures -TCU 2:30 Hydration Cart-RR 3:00 Cardio Drumming -AR	25 9:30 Daily Chronicle & Mail Delivery-RR 10:30 Tea & Coffee -FS 2:00 Bingo -FS 3:30 Hydration Cart-RR	26 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Outing: 5 Below Shopping -O 2:30 Cherry Popsicle Day Pass -RR 3:30 Play Cards: UNO! -FS	27 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Adult Coloring -RW 2:00 Summer Bingo -FS 3:00 Hydration Cart-RR 3:30 Pre-Drawn Canvas Painting -AR	28 9:30 Weekend Packet & Mail Delivery-RR 11:00 Play Cards: Resident Choice -FS 2:30 Hydration Cart-RR 3:00 Bowling - TCU Personal Shopping Unit 2+3	29 10:00 Donuts & Coffee -FS 11:00 Horseshoes -CY *Weather Permitting* 2:00 Happy BDAY Mary Poppins! Watch Mary Poppins w/ Popcorn - AR 5:00 Independent Activity Board - AR
30 10:30 Church Live Stream -AR 11:00 Noodles Up! -RW 2:00 Bingo -FS 5:00 Independent Activity Board -AR	31 9:30 Daily Chronicle & Mail Delivery-RR 11:00 Hand Massage + Manicures -TCU 2:30 Hydration Cart-RR 3:00 Cardio Drumming -AR	LOCATION KEY: AR = ACTIVITIES ROOM CH = CHAPEL CS = COBBLESTONE, UNIT 3 CY = COURTYARD FS = FIRESIDE CAFE, UNIT 3 O = OUTING / RR = ROOM TO ROOM RW = ROCKWOOD, UNIT 4 TCU = UNIT 2 DINING				

Contact Activities Director - Phone Ext. 1116 - Katarina.friz@optalishealthcare.com - Activities are subject to change; Check daily chronicle for most up to date information.