July 2026

Optalis of Wyoming

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00 Courtyard Chit Chat 1:00 Catholic Visits with Jeff: Room to Room 2:00 Australia, Canada or the United States Trivia Game: AR Canada Day	**2** 11:00 Dominos: AR 1:00 Friendly Visits 2:30 Bingo: DR 6:30 Evening Games and Music: DR	**3** 11:00 Donuts and Patriotic Music: DR 2:00 Popcorn Cart and Friendly Visits: Room to Room	**4** 11:00 Red, White and Blue Nail Painting: Room to Room 1:00 Friendly Visits 2:30 Bingo featuring Patriotic Prizes: DR Independence Day (U.S.)
5 11:00 Fourth of July Pencil Puzzles: Room to Room 2:30 Church with Joyce and Robert: DR	**6** 11:00 Nail Painting: AR 1:00 Friendly Visits 2:30 Bingo: DR 4:00 Open Activity Room	**7** 11:00 Yahtzee: AR 1:00 Friendly Visits 2:00 Canvas Painting: AR 6:30 Tuesday Tunes: DR	**8** 11:00 Uno: AR 1:00 Catholic Visits with Jeff: Room to Room 2:00 Monthly Birthday Party featuring Eddie Francisco: DR	**9** 11:00 Balloon Ball: DR 1:00 Friendly Visits 2:30 Bingo: DR 6:30 Evening Games and Music: DR	**10** 11:00 Tai Chi: DR 2:00 Popcorn Cart and Friendly Visits: Room to Room	**11** 11:00 Nail Painting: Room to Room 1:00 Friendly Visits 2:30 Bingo: DR
12 11:00 July Pencil Puzzles: Room to Room 2:30 Church with Joyce and Robert: DR	**13** 11:00 Nail Painting: AR 1:00 Friendly Visits 2:30 Bingo: DR 4:00 Open Activity Room	**14** 10:30 Taco Dip: Therapy Gym 2:00 Bible Study with Melanie: AR 3:30 Music Therapy with Melissa: DR 6:30 Tuesday Tunes: DR Bastille Day	**15** 11:00 Courtyard Chit Chat 1:00 Catholic Visits with Jeff: Room to Room 2:00 Treat Cart: Room to Room:	**16** 11:00 Skip-Bo: DR 1:00 Friendly Visits 2:30 Bingo: DR 6:30 Evening Games and Music: DR	**17** 11:00 Trivia with Jenn: AR 2:00 Popcorn Cart and Friendly Visits: Room to Room	**18** 11:00 Nail Painting: Room to Room 1:00 Friendly Visits 2:30 Bingo: DR
19 11:00 Summer Pencil Puzzles: Room to Room 2:30 Church with Joyce and Robert: DR	**20** 11:00 Nail Painting: AR 1:00 Friendly Visits 2:30 Bingo: DR 3:30 Food Committee: DR 4:00 Resident Council: DR	**21** 11:00 Scattegories: AR 1:00 Friendly Visits 2:00 Music Therapy with Becca: DR 6:30 Tuesday Tunes: DR	**22** 11:00 Giant Balloon Ball: DR 1:00 Catholic Visits with Jeff: Room to Room 2:00 Happy Hour with Limeade Cherry Fizz and Cherry Spitting Contest: DR	**23** Beauty Shop Open 11:00 Coloring and Conversation: AR 1:00 Friendly Visits 2:30 Bingo: DR 6:30 Evening Games and Music: DR	**24** 11:00 Yoga: DR 2:00 Popcorn Cart and Friendly Visits: Room to Room	**25** 11:00 Nail Painting: Room to Room 1:00 Friendly Visits 2:30 Bingo: DR
26 11:00 Sweet Treats Pencil Puzzles: Room to Room 2:30 Church with Joyce and Robert: DR	**27** 11:00 Nail Painting: AR 1:00 Friendly Visits 2:30 Bingo: DR 4:00 Open Activity Room	**28** 11:00 Penny Ante: AR 1:00 Friendly Visits 2:00 Bible Study with Melanie: AR 6:30 Tuesday Tunes: DR	**29** 11:00 Courtyard Chit Chat 1:00 Catholic Visits with Jeff: Room to Room 2:00 Sunflower Wreaths: AR	**30** 11:00 Board Games: AR 1:00 Friendly Visits 2:30 Bingo: DR 4:00 Open Activity Room	**31** 11:00 Summer Hangman: AR 2:00 Popcorn Cart and Friendly Visits: Room to Room	**Key:** Dining Room (DR) Activity Room (AR) ***All Activities are Subject to Change***