

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Whitehall Optalis Memory Care Unit Serenity At The Lakeshore  July 2026			9:30 Morning Stretches ¹ 10:30 Poetry 11:30 Social Time 2:00 Story Group 3:00 Finish the Phrase 4:00-5:00 7:00-8:00 1-1 Visits	9:30 Morning Stretches ² 10:30 Wooden Puzzle 11:30 Social Time 2:00 Story Group 300 ABC Game 4:00-5:00 7:00-8:00 1-1 Visits	9:30 Morning Stretches ³ 10:30 Scrapbooking 11:30 Social Time 2:00 Birthday Bash 3:00 Big Tic Tac Toe 4:00-5:00 1-1 Visits 7:00-8:00 Time 2 Relax With A Movie (Residents Pick) Morning Stretches	9:30 Morning Stretches ⁴ 10:30 Bongo 11:30 Social Time 1:00 Q-Tip Painted Firework HAPPY 4TH OF JULY Independence Day (U.S.)
9:30 Bible Reading 1030 Devotional TV 11:30 Social Time 1:00 Dominos 2:00 Coffee Filter Art 3:00 Sorting Buttons 4:00-5:00 1-1 Visits	9:30 Morning Stretches ⁶ 10:30 Match It 11:30 Social Time 2:00 Long Word 3:00 Bingo 4:00-5:00 Chuck The Duck 7:00-8:00 1-1 Visits	9:30 Morning Stretches ⁷ 10:30 Nail Care 11:30 Social Time 2:00 Who Am I 3:00 Balloon Toss 4:00-5:00 Word Game 7:00-8:00 1-1 Visits	9:30 Morning Stretches ⁸ 10:30 Simon Says, Draw 11:30 Social Time 2:00 Story Group 3:00 Colors Of July 4:00-5:00 What's That Smell 7:00-8:00 1-1 Visits	9:30 Morning Stretches ⁹ 10:30 Jenga 11:30 Social Time 2:00 Story Group 3:00 Sweet Treats 4:00-5:00 Memory 7:00-8:00 1-1 Visits	9:30 Morning Stretches ¹⁰ 10:30 Poetry 11:30 Social Time 2:00 Connect Four 3:00 Tattoo Shop 4:00-5:00 1-1 Visits 7:00-8:00 Time 2 Relax With A Movie (Residents Pick)	9:30 Morning Workout 10:30 Finish The Sentence 11:30 Social Time 2:00 Corn Hole 3:00 Corn Hole 4:00-5:00 1-1 Visits 1:00 Finish the Phrase
9:30 Bible Reading 10:30 Devotional TV 11:30 Social Time 1:00 Trivia 2:00 Laundry 3:00 Golden Girls 4:00-5:00 1-1 Visits	9:30 Morning Stretches ¹³ 10:30 Poetry 11:30 Social Time 2:00 Ring Toss 3:00 Bingo 4:00-5:00 Would You Rather 7:00-8:00 1-1 Visits	9:30 Morning Stretches ¹⁴ 10:30 Nail Care 11:30 Social Time 2:00 Cards 3:00 Roll & Tell Dice 4:00-5:00 Chuck It 7:00-8:00 1-1 Visits	9:30 Morning Stretches ¹⁵ 10:30 Poetry 11:30 Social Time 2:00 Story Group 3:00 Sip n Paint 4:00-5:00 Heart 2 Heart 7:00-8:00 1-1 Visits	9:30 Morning Stretches ¹⁶ 10:30 Question Of The Day 11:30 Social Time 2:00 Story Group 3:00 Ladder Ball 4:00-5:00 Life in the 1950's 7:00-8:00 1-1 Visits	9:30 Morning Stretches ¹⁷ 10:30 Poetry 11:30 Social Time 2:00 Puzzle 3:00 Think Fast 4:00-5:00 Coffee Filter 7:00-8:00 Time 2 Relax With A Movie (Residents Pick)	9:30 Morning Workout 10:30 Frog Toss 11:30 Social Time 1:00 Card Games 2:00 Scarves 3:00 Hangman 4:00-5:00 1-1 Visits
9:30 Bible Reading 10:30 Devotional TV 11:30 Social Time 1:00 Fact Or Fiction Game 2:00 I Love Lucy 3:00 Guess The Price 4:00-5:00 1-1 Visits	9:30 Morning Stretches ²⁰ 10:30 3 Word Game 11:30 Social Time 2:00 Bowling 3:00 Bingo 4:00-5:00 I Spy 7:00-8:00 1-1 Visits	9:30 Morning Stretches ²¹ 10:30 Nail Care 11:30 Social Time 2:00 Hobo Pies 3:00 70 Yes Or No Game 4:00-5:00 Remember When Trivia 1950's 7:00-8:00 1-1 Visits	9:30 Morning Stretches ²² 10:30 Camp Stories 11:30 Social Time 2:00 Story Group 3:00 Old Fashioned Sayings 4:00-5:00 Finish The Sentence 7:00-8:00 1-1 Visits	9:30 Morning Stretches ²³ 10:30 Long Word 11:30 Social Time 2:00 Story Group 3:00 Pool Noodle Painting 4:00-5:00 Bingo 7:00-8:00 1-1 Visits	9:30 Morning Stretches ²⁴ 10:30 Poetry 11:30 Social Time 2:00 Hot Potato 3:00 Sorting Buttons 4:00-5:00 I Spy 7:00-8:00 Time 2 Relax With A Movie (Residents Pick)	9:30 Morning Stretches ²⁵ 10:30 This or That 11:30 Social Time 1:00 Finish the Phrase 2:00 Funny Animals 3:00 Board Games 4:00-5:00 1-1 Visits
9:30 Bible Reading 10:30 Devotional TV 11:30 Social Time 1:00 Room Chores 2:00 Card Games 3:00 Parachute Ballon Toss 4:00-5:00 1-1 Visits	9:30 Morning Stretches ²⁷ 10:30 Tiger Day Color 11:30 Social Time 2:00 Think Fast 3:00 Bingo 4:00-5:00 Finish The Sentence 7:00-8:00 1-1 Visits	9:30 Morning Stretches ²⁸ 10:30 Guess The Price 11:30 Social Time 2:00 Coffee Filter Art 3:00 Tattoo Shop 4:00-5:00 Would You Rather 7:00-8:00 1-1 Visits	9:30 Morning Stretches ²⁹ 10:30 Jenga 11:30 Social Time 2:00 Memory 3:00 Remember When Trivia 4:00-5:00 This or That 7:00-8:00 1-1 Visits	9:30 Morning Stretches ³⁰ 10:30 Word Search 11:30 Social Time 2:00 Story Group 3:00 Sweet Treats 4:00-5:00 Bingo 7:00-8:00 1-1 Visits	9:30 Morning Stretches ³¹ 10:30 Poetry 11:30 Social Time 2:00 Frozen Friday 3:00 Story Group 4:00-5:00 Heart 2 Heart 7:00-8:00 Time 2 Relax With A Movie (Residents Pick)	