

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Morning Moves 1 10:30 Memory 11:30 Hydration Station {Juice} 2:00 Reading Group 3:30 Funny Animals 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Morning Workout 2 10:30 Hit The Cup 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Manicures 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Morning Simon Says Moves 3 10:30 Listen & Draw 11:30 Hydration Station {Cold Beverage} 2:00 Pin Pals 3:30 Bingo 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Chair Aerobics 4 10:30 Name That Tune 11:30 Hydration Station {Cold Beverage} 2:00 Nursey Rhymes 3:30 Noodle Ball 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Balloon Toss 5 10:30 Fun Facts 11:30 Hydration Station {Cold Beverage} 2:00 Birthday Party 3:30 Puzzles 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Morning Trivia 6 10:30 Match It 11:30 Coffee Social 1:30 Frog Toss 3:00 To 4:00 1:1 Visit
9:30 Church 7 10:30 Room Chores 11:30 Coffee Social 1:30 Golden Girls 3:00-4:00 1:1 Visit	9:30 Chair Aerobics 8 10:30 Riddle Me This 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Dominos 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Morning Moves 9 10:30 Who Am I 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Manicures 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Morning Stretches 10 10:30 Corn Hole 11:30 Hydration Station {Cold Beverage} 2:00 Rading Group 3:30 Bingo 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Exercise 11 10:30 Colors Of June 11:30 Hydration Station {Cold Beverage} 2:00 Rading Group 3:30 Flag Foil Craft 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Chuck It 12 10:30 Snack Social 11:30 Hydration Station {Cold Beverage} 2:00 Rading Group 3:30 Flag Trivia 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Fact Or Fiction Game 13 10:30 Sort It Out 11:30 Coffee Social 1:30 Big Tic Tac Toe 3:00 To 4:00 1:1 Visit
9:30 Church 14 10:30 Room Chores 11:30 Coffee Social 1:30 Laundry 3:00-4:00 1:1 Visit	9:30 Hit The Cup 15 10:30 Would You Rather 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Craft 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Morning Workout 16 10:30 Pick Your Tune 11:30 Hydration Station {Cold Beverage} 2:00 Rading Group 3:30 Manicures 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Exercise 17 10:30 Funny Videos 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Bingo 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Blowing 18 10:30 Daily Chronicles 11:30 Hydration Station {Cold Beverage} 2:00 Rading Group 3:30 Ladder Ball 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Chair Aerobics 19 10:30 Poetry 11:30 Hydration Station {Cold Beverage} 2:00 Rading Group 3:30 Ring Toss 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Balloon Toss 20 10:30 Board Games 11:30 Coffee Social 1:30 Residents Choice 3:00 To 4:00 1:1 Visit
9:30 Church 21 10:30 Room Chores 11:30 Coffee Social 1:30 Ice Cream Social 3:00-4:00 1:1 Visit	9:30 Morning Stretch 22 10:30 Beading 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Cards Games 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Morning Simon Says Moves 23 10:30 Remember When 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Manicures 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Exercise 24 10:30 Reminiscing 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Bingo 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Fitness 25 10:30 Today In History 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Movie & Snack 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Chair Yoga 26 10:30 Name That Scent 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Connect Four 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Balloon Tennis 27 10:30 This Or That 11:30 Coffee Social 1:30 Funny Questions 3:00-4:00 1:1 Visit
9:30 Church 28 10:30 Room Chores 11:30 Coffee Social 1:30 Heart 2 Heart 3:00-4:00 1:1 Visit	9:30 Sit 2 Be Fit 29 10:30 Rock Painting 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Name A Song That 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	9:30 Fitness 30 10:30 Chuck The Duck 11:30 Hydration Station {Cold Beverage} 2:00 Reading Group 3:30 Manicures 4:30-5:30 1:1 Visit 7:00 Rest & Relaxation Station	 <h1 style="font-size: 4em; margin: 0;">June 2026</h1> <p style="font-size: 1.2em; margin: 0;">Whitehall Memory Care Unit Serenity At The Lakeshore</p>			

Type the name, address, and other information about your community/company here.