



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>Courtyard Activities are Weather Permitting</p> <p>A = Activity Room DR = Main Dining Room B = Bistro</p> <p>*Activity calendar is subject to change.</p>	<p>1</p> <p>9:00 June Calendars & Activity Boards (Rooms) 11:00 Parachute Games (A) 2:00 Ice Cream Social (DR) 3:00 Craft Assortment (DR) 6:30 Music Mondays with Michelle (A)</p>	<p>2</p> <p>10:00 Morning Club (A) 11:00 Seated Yoga (A) 1:00 Room Visits 2:30 Bingo (DR)</p>	<p>3</p> <p>10:30 Pet Therapy Group (B) 1:00 Room Visits 2:00 Ice Cream Social (DR) 2:30 Music Entertainment with Gary Walsh (DR) 6:30 Comedy Night Activity (A)</p>	<p>4</p> <p>10:00 Morning Club (A) 11:00 Table Hockey (A) 1:00 Room Visits 2:30 Bingo (DR)</p>	<p>5</p> <p>10:00 Guitar with Bobby (A) 11:00 Rosary (A) 2:00 Ice Cream Social (DR) 3:00 Outside Courtyard Fun 8:00 Friday Movie (Ch.10)</p>	<p>6</p> <p>10:30 Card Group (A) 1:00 Friendly Room Visits 2:30 Who, What, Where? Clues & Discussion (A)</p>
<p>7</p> <p>9:00 Friendly Room Visits 10:30 Gospel Chair Exercises (A) 2:00 Ice Cream Social (DR) 2:30 Jeopardy Trivia (A)</p>	<p>8</p> <p>10:00 Morning Club (A) 11:00 Fitness w/ Paul Eugene (A) 2:00 Ice Cream Social (DR) 3:00 "Don't Go Over" Game (DR) 6:30 Evening Sing Along (A)</p>	<p>9</p> <p>10:00 Daily Chronicle (A) 10:30 Q-Tip Painting (A) 1:00 Room Visits 2:30 Bingo (DR)</p>	<p>10</p> <p>10:00 Cranium Crunches (A) 10:30 Music Tx with Taylor (A) 1:00 Room Visits 2:00 Ice Cream Social (DR) 3:00 Group Crossword Puzzle (A) 6:30 Pet Therapy Room Visits</p>	<p>11</p> <p>10:00 Morning Club (A) 10:30 Cooking Group (A): Make Your Own Fruit Salad 1:00 Pet Therapy Room Visits 2:30 Bingo (DR)</p>	<p>12</p> <p>10:00 Dice Horse Game (A) 10:30 Chef's Table Discussion (A) 2:00 Ice Cream Social (DR) 3:00 Golf Bingo Game (DR) 8:00 Friday Movie (Ch.10)</p>	<p>13</p> <p>10:30 Roll & Cover (A) 1:00 Friendly Room Visits 2:30 Weekend Games (A)</p>
<p>14</p> <p>9:00 Friendly Room Visits 10:30 Virtual Non-Denominational Church (A) 2:00 Ice Cream Social (DR) 2:30 Independent Activities (DR)</p> <p>Flag Day (U.S.)</p>	<p>15</p> <p>10:00 Morning Club (A) 11:00 Fitness Dice (A) 2:00 Ice Cream Social (DR) 2:00 Resident Council (A) 3:00 Outside Courtyard Fun 6:30 Music Mondays with Michelle (A)</p>	<p>16</p> <p>10:00 Daily Chronicle (A) 10:30 Porthole Door Décor (A) 1:00 Room Visits 2:30 Bingo (DR)</p>	<p>17</p> <p>10:00 Love Boat Activity (A) 11:00 Zumba Senior Dance Fitness (A) 1:00 Room Visits 2:30 Father's Day "Cruise" Event (DR) 6:30 Evening Ice Cream Social (DR)</p>	<p>18</p> <p>10:00 "Man Word Game" 11:00 Shuffle Board (A) (Active Games) 1:00 Room Visits 2:30 Bingo (DR)</p>	<p>19</p> <p>10:00 Who Am I? Juneteenth Discussion & Activity (A) 11:00 Rosary (A) 2:00 Ice Cream Social (DR) 2:30 Piano Music Entertainment with Joe (DR) 8:00 Friday Movie (Ch.10)</p> <p>Juneteenth</p>	<p>20</p> <p>10:30 Card Group (A) 1:00 Tigers Club vs. Chicago White Sox (DR) 2:00 Tigers Club (DR) 3:00 Tigers Club (DR)</p>
<p>21</p> <p>9:00 Friendly Room Visits 10:30 Father's Day Sayings & Activities (A) 2:00 Ice Cream Social (DR) 2:30 Independent Activities (DR)</p> <p>Father's Day Summer Begins</p>	<p>22</p> <p>10:00 Morning Club (A) 11:00 Fitness w/ Paul Eugene (A) 2:00 Ice Cream Social (DR) 3:00 Horse Racing Activity 6:30 Karaoke (A)</p>	<p>23</p> <p>10:00 Bridgetown Virtual Music Therapy Session (A) 10:30 Jeopardy Trivia (A) 1:00 Room Visits 2:30 Bingo (DR)</p>	<p>24</p> <p>10:30 Active Games: Hungry Hungry Hippo Fun (A) 1:00 Room Visits 2:00 Ice Cream Social (DR) 3:00 Lionel Ritchie Music (A) 6:30 Sunset Stretch & Relaxation (A)</p>	<p>25</p> <p>10:00-11:30 Bowling Club (DR) 1:00 Pet Therapy Room Visits 2:30 Bingo (DR)</p>	<p>26</p> <p>10:00 "Dear Shelby" Social Activity (A) 11:00 Balloon Volleyball (A) 2:00 Ice Cream Social (DR) 2:30 Motown Music Courtyard Entertainment & June Birthday Party 8:00 Friday Movie (Ch.10)</p>	<p>27</p> <p>10:30 Music & Coloring (A) 1:00 Friendly Room Visits 2:30 Weekend Games (A)</p>

<p>28</p> <p>9:00 Friendly Room Visits 10:30 Virtual Catholic Mass (A) 2:00 Ice Cream Social (DR) 2:30 Weekend Games (A)</p>	<p>29</p> <p>10:00 Morning Club (A) 11:00 Sensory Stimulation Mystery Boxes (A) 2:00 Ice Cream Social (DR) 3:00 Travelogue: South Pacific Island (A) 6:30 Violin Stroll (Hallways)</p>	<p>30</p> <p>10:00 Daily Chronicle (A) 10:30 Silk Floral Arranging (A) 1:00 Room Visits 2:30 Bingo (DR)</p>
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June 2026

Shelby – An Optalis Health & Rehabilitation Center