

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

Shelby – An Optalis Health & Rehabilitation Center

		9:00 May Calendars & Activity Boards (in Rooms) 1		10:30 Jeopardy Trivia (A) 2 1:00 Friendly Room Visits 2:30 Saturday Games (A)	
		May Day			
9:00 Friendly Room Visits 3 10:30 Virtual Non-Denominational Church Service (A) 2:00 Ice Cream Social (DR) 2:30 Weekend Games (A)	10:00 Morning Club (A) 4 10:30 Therapy Rabbit Visit in Activity Room 2:00 Ice Cream Social (DR) 3:00 Garden Sensory Room Visits 6:30 Music Monday w/ Michelle (A)	10:00 "Hot Pepper" Game (A) 5 11:00 Seated Latin Dancing (DR) 1:00 Room Visits 2:30 Bingo (DR) Cinco de Mayo	10:30 Pet Therapy Group (DR) 6 1:00 Room Visits 2:00 Ice Cream Social (DR) 3:00 Song Lyric Scramble (A)	10:30 Morning Bingo (DR) 7 1:00 Room Visits 2:30 Mother's Day Tea & Piano Entertainment (DR)	10:00 Rosary (A) 8 10:30 Chef's Table Discussion (A) 2:00 Ice Cream Social (DR) 3:00 Uno/Euchre Card Group (DR) 8:00 Friday Movie (Ch.10)
9:00 Friendly Room Visits 10 10:30 Mother's Day Activity Fun (A) 2:00 Ice Cream Social (DR) 2:30 Weekend Games (A) Mother's Day National Skilled Nursing Care Week	10:00 Morning Club (A) 11 11:00 Fitness w/ Paul Eugene (DR) 2:00 Ice Cream Social (DR) 3:00 Flower Art (DR) 6:30 Sunset Stretch – Evening Relaxation (A)	10:00 Daily Chronicle (A) 12 10:30 Horse Race Dice Game (A) 1:00 Room Visits 2:30 Bingo (DR)	10:30 Morning Club (A) 13 11:00 Active Games (A) 1:00 Room Visits 2:00 Ice Cream Social (DR) 3:00 Gardening Session (DR) 6:30 Pet Therapy Room Visits	10:30 Skilled Nursing Week Scavenger Hunt (DR) 14 1:00 Room Visits 2:30 Bingo (DR)	10:00 Friday Fun (A) 15 11:00 Seated Stretches (A) 2:00 Ice Cream Sundae Bar (DR) 2:30 Music Therapy with Dr. Butler (A) 8:00 Friday Movie (Ch.10)
9:00 Friendly Room Visits 17 10:30 Virtual Catholic Mass (A) 2:00 Ice Cream Social (DR) 2:30 Independent Activity Supplies (DR)	10:00 Morning Club (A) 18 11:00 Chair Boxing (DR) 2:00 Ice Cream Social (DR) 2:00 Resident Council (A) 3:00 Outburst (A) 6:30 Music Monday w/ Michelle (A) Victoria Day (Canada)	10:00 Daily Chronicle (A) 19 10:30 What's Your Verdict? (A) 1:00 Room Visits 2:30 Bingo (DR)	10:00 Morning Club (A) 20 10:30 Cooking Group: Red, White & Blue Parfaits (A) 1:00 Room Visits 2:30 Prom Dress "Shop" (A) 6:30 Ice Cream Social (DR)	10:00 Group Crossword (A) 21 11:00 Toss & Talk Movement Ball (A) 1:00 Room Visits 2:30 Bingo (DR) Shavuot Begins	10:00 Friday Fun (A) 22 11:00 Rosary (A) 2:00 Ice Cream Social (DR) 2:30 May Birthday Party & Banjoes of Michigan (DR) 8:00 Friday Movie (Ch.10)
9:00 Friendly Room Visits 24 10:30 Virtual Non-Denominational Church Service (A) 2:00 Ice Cream Social (DR) 2:30 Weekend Games (A)	10:30 Are You Smarter than a 5 th Grader Game (A) 25 2:00 Novelty Ice Cream Bars (DR) 2:30 Courtyard Fun & Sun (weather permitting) Memorial Day	10:00 Social Game (A) 26 11:00 Fitness w/ Paul Eugene (DR) 1:00 Room Visits 2:30 Bingo (DR)	10:30 Morning Club (A) 27 1:00 Room Visits 2:00 Independent Activities/ Materials Available (A) 5:30 "An Evening Under the Stars" Shelby Senior Prom (DR) RSVP Needed	10:00-11:30 Bowling Club (DR) 28 1:00 Room Visits 2:30 Bingo (DR)	10:00 Daily Chronicle (A) 29 10:30 Roll & Cover Dice Game (A) 2:00 Ice Cream Social (DR) 3:00 Outside Courtyard Fun 8:00 Friday Movie (Ch.10)
9:00 Friendly Room Visits 31 10:30 Virtual Non-Denominational Church Service (A) 1:00 Detroit Tigers Club vs. Chicago White Sox (DR) 2:00 Ice Cream Social (DR) 3:00 Tigers Club (DR)	<p>A = Activity Room DR = Main Dining Room B = Bistro</p> <p>Activity Calendar Subject to Change</p> <p style="text-align: right;">*Courtyard Activities Are Weather Permitting*</p>				