

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

## OPTALIS OF MUSKEGON ACTIVITY CALENDAR

<h1>May 2026</h1> OPTALIS OF MUSKEGON ACTIVITY CALENDAR							1	2					
9:30 Coffee and Chat 11:00 Televised church service (dining room 2) 12:30 Lunch Club 2:30 Bingo & Snacks 6:15 Board Game Resident Choice	3	9:30 Coffee and Chat 10:30 Hangman 12:30 Lunch Club 2:00 Monday Manicures 6:15 Wii Tournament	4	9:30 Coffee and Chat 10:30 Coloring Contest 12:30 Lunch Club 1:00 <b>Resident Council (Dinning Room 2)</b> 2:30 Cinco de Mayo Bingo & Snack 6:15 News Hour <small>Cinco de Mayo</small>	5	9:30 Coffee and Chat 10:30 Morning Manicures (in-rooms) 12:30 Lunch Club 2:30 Movie and Popcorn 6:15 News Hour	6	<b>Hairdresser Day</b> 9:30 Coffee and Chat 10:30 Resident Exercise 12:30 Lunch Club 2:30 Bingo & Snack 5:30 Room Visits & Manicures (in-rooms)	7	9:30 Coffee and Chat 10:30 Yoga 12:30 Lunch Club 2:30 Mother's Day Tea Party 6:15 News Hour <small>May Day</small>	8	9:30 Activity Cart 10:30 Snack & Chat 12:30 Lunch Club 2:00 Movie (Resident Choice)	9
9:30 Coffee and Chat 11:00 Televised church service (dining room 2) 12:30 Lunch Club 2:30 Bingo & Snacks 6:15 Board Game Resident Choice <small>National Skilled Nursing Care Week</small>	10	9:30 Coffee and Chat 10:30 Hangman 12:30 Lunch Club 2:00 Monday Manicures 6:15 Wii Tournament	11	9:30 Coffee and Chat 10:30 Coloring Contest 12:30 Lunch Club 2:30 Bingo & Snack 6:15 News Hour	12	9:30 Coffee and Chat 10:30 Morning Manicures (in-rooms) 12:30 Lunch Club 2:30 Cooking club 6:15 News Hour	13	9:30 Coffee and Chat 10:30 Resident Exercise 12:30 Lunch Club 2:30 Bingo & Snack 5:30 Room Visits & Manicures (in-rooms)	14	9:30 Coffee and Chat 10:30 Yoga 12:30 Lunch Club 2:30 Trivia 6:15 News Hour	15	9:30 Activity Cart 10:30 Snack & Chat 12:30 Lunch Club 2:00 Saturday Crafternoon 6:15 True or False <small>Armed Forces Day</small>	16
9:30 Coffee and Chat 11:00 Televised church service (dining room 2) 12:30 Lunch Club 2:30 Bingo & Snacks 6:15 Board Game Resident Choice	17	9:30 Coffee and Chat 10:30 Hangman 12:30 Lunch Club 2:00 Monday Manicures 6:15 Wii Tournament <small>Victoria Day (Canada)</small>	18	9:30 Coffee and Chat 10:30 Coloring Contest 12:30 Lunch Club 2:30 Bingo & Snack 6:15 News Hour	19	9:30 Coffee and Chat 10:30 Morning Manicures (in-rooms) 12:30 Lunch Club 2:30 Movie and Popcorn 6:15 News Hour	20	<b>Hairdresser Day</b> 9:30 Coffee and Chat 10:30 Resident Exercise 12:30 Lunch Club 2:30 Bingo & Snack 5:30 Room Visits & Manicures (in-rooms) <small>Shavuot Begins</small>	21	9:30 Coffee and Chat 10:30 Yoga 12:30 Lunch Club 2:30 Trivia 6:15 News Hour	22	9:30 Activity Cart 10:30 Snack & Chat 12:30 Lunch Club 2:00 Movie (Resident Choice)	23
9:30 Coffee and Chat 11:00 Televised church service (dining room 2) 12:30 Lunch Club 2:30 Bingo & Snacks 6:15 Board Game Resident Choice	24	9:30 Coffee and Chat 10:30 Hangman 12:30 Lunch Club 2:00 Monday Manicures 3:00 Memorial Day Party 6:15 Wii Tournament <small>Memorial Day</small>	25	9:30 Coffee and Chat 10:30 Coloring Contest 12:30 Lunch Club 2:30 Bingo & Snack 6:15 News Hour	26	9:30 Coffee and Chat 10:30 Morning Manicures (in-rooms) 12:30 Lunch Club 2:30 Movie and Popcorn 6:15 News Hour	27	<b>Hairdresser Day</b> 9:30 Coffee and Chat 10:30 Resident Exercise 12:30 Lunch Club 2:30 Bingo & Snack 5:30 Room Visits & Manicures (in-rooms)	28	9:30 Coffee and Chat 10:30 Yoga 12:30 Lunch Club 2:30 <b>PRIZE MARKET</b> 6:15 News Hour	29	9:30 Activity Cart 10:30 Snack & Chat 12:30 Lunch Club 2:00 Saturday Crafternoon 6:15 True or False	30
9:30 Coffee and Chat 11:00 Televised church service (dining room 2) 12:30 Lunch Club 2:30 Bingo & Snacks 6:15 Board Game Resident Choice	31	<p><b>*Activity Aides are available to bring you to an activity and back to your room.</b></p> <p><b>*Activities Subject to Change</b></p> <p><b>*All Activities Take Place in Dining Room One – WEATHER PERMITTING SOME ACTIVITIES WILL TAKE PLACE OUTSIDE</b></p> <p><b>*May is Nurse's week and Nursing home week-look for signs posted in the building</b></p>											