









# May 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 9:45 Morning Stretch 10:30 Hymn Sing 2:00 Church 3:00 Lawrence Welk	Optalis of Grand Rapids 				1 9:45 Exercise 10:30 Card Games 2:00 Movie Time 3:30 In-Room Activities Pre-dinner activities will be in the dining room	
3 10:30 Hymn Sing-a-Long 2:00 Church	4 9:45 Exercise 10:30 May Fun Facts 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room	5 9:45 Beachball Hockey 10:30 Hungry Game 2:00 Cinco De Mayo 3:15 Mobile Manicures 6:00 Chat & Sip 7:00 Travel to Mexico	6 9:45 Exercise 10:30 Matching Game 2:00 Music Therapy 3:15 Balloon Toss Pre-dinner activities will be in the dining room	7 9:45 Hula Ball 10:30 Hymns & Devotions 2:00 Bingo 3:30 Room Service Pre-dinner activities will be in the dining room	8 9:45 Exercise 10:30 Card Games 2:00 Tulip Art 3:15 Dutch Shuffleboard 6:00 Tulip Time Parade 7:00 Manicures and Music	9 9:45 Fly Ball 10:30 Tulip Time Coloring 2:00 Mom's Throughout History 3:00 Netherlands Travel
10 2:00 Church Service for Mom  <b>Mother's Day</b>	 11 9:45 Exercise 10:30 Let's Talk About Moms <b>2:00 Mother's Help Us Bloom Celebration w/Chris's Music</b> Pre-dinner activities will be in the dining room National Nursing Home Week	12 9:45 Umbrella Toss 10:30 Planting Kindness Project 2:00 Flower Pot Decorating 3:15 Mobile Manicures 6:00 Garden Animal's Fun Facts 7:00 Flower Coloring & Relaxation	 13 9:45 Exercise 10:30 Garden Game 2:00 Bingo 3:30 Room Service 6:00 Finish the Song Lyric 7:00 Garden Scenes & Puzzles	14 9:45 Paddle Ball 10:30 Hymns & Devotions <b>2:00 Garden Party Outside w/Farm Animals On The Go</b> Pre-dinner activities will be in the dining room	 15 9:45 Exercise 10:30 Card Games 2:00 Garden Stones Craft 3:30 In-Room Activities 6:00 Silly Phrases Mean What? 7:00 Manicures and Music	16 9:45 Ball & Bat 10:30 Bunco 2:00 Garden Word Game 3:00 Armed forces Day Fun  <b>Armed Forces Day</b>
17 9:45 Morning Stretch 10:30 Hymn Sing 2:00 Church 3:00 Lawrence Welk	18 9:45 Exercise 10:30 Family Feud 1:30 Resident Council 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room	19 9:45 Noodle Ball 10:30 Wii Games 2:00 Bowling 3:15 Mobile Manicures 6:00 Bible Study & Hymns 7:00 Music & Puzzles	20 9:45 Exercise 10:30 Donuts & Coffee 2:00 Bingo 3:30 Room Service 6:00 Cher's Birthday 7:00 Music & Coloring	21 9:45 Table Ball 10:30 Hymns & Devotions 2:00 Strawberry Kitchen Fun 3:15 Classic TV Pre-dinner activities will be in the dining room	 22 9:45 Exercise 10:30 Card Games <b>2:00 Patriotic Social</b> 3:30 In-Room Activities 6:00 Short Stories 7:00 Manicures and Music	23 9:45 Broom Hockey 10:30 Name That Tune 2:00 Bracelet Making 3:00 Ladder Ball
24 9:45 Morning Stretch 10:30 Hymn Sing 2:00 Church 3:00 Chat & Sip 	25 9:45 Exercise 10:30 Memorial Day Service 2:00 Bingo 3:30 Sunshine Visits Pre-dinner activities will be in the dining room <b>Memorial Day</b>	26 9:45 Beachball Hockey 10:30 Patriotic Sing-a-Long 2:00 Memorial Day Discussion 3:15 Mobile Manicures 6:00 Ball Game Fun 7:00 Patriotic Puzzles & Coloring	27 9:45 Exercise 10:30 Wii Games 2:00 Bingo 3:30 Room Service 6:00 Art Appreciation 7:00 Coloring Club	28 9:45 Noodle Ball 10:30 Hymns & Devotions 2:00 Senior's Advice to Seniors 3:15 Reminisce Graduation Pre-dinner activities will be in the dining room	29 9:45 Exercise 10:30 Card Games <b>2:00 Birthday Party w/Lourie's Music</b> 6:00 Family Feud 7:00 Manicures and Music	30 9:45 Fly Ball 10:30 Chicken Toss Game 2:00 Bunco 3:00 Classic TV