








May 2026- Autumn Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Calendar subject to Change without notice. Group times start around the time listed.	Afternoon Stroll M-F at 1:45 Music Group Daily at 11:15 				1 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	2 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
3 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games	4 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	 5 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	6 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	7 10:00 Sports Group 10:40 Physical Group 2:30 Sports Groups 3:30 Crafts	8 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	9 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
 10 10:00 Sports Group 10:40 Physical Group 2:30 Mother's Day Social 3:40 Games	11 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	12 10:00 Sports Group 10:40 Physical Group 2:30 Entertainment w/Shelia Lowe Burke (MD)	13 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	14 10:00 Sports Group 10:40 Physical Group 2:30 Sports Groups 3:15 Manicures	15 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	 16 10:00 Sport Group 10:40 Physical Group 2:30 Sports Groups 3:40 Games
17 10:00 Sports Group 10:40 Physical Group 2:30 Sports 3:40 Games	18 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	19 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures	20 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:30 Reading Group 5:30 Evening Stroll 6:15 Butterfly Effect Program	21 10:00 Sports Group 10:40 Physical Group 2:30 Sports Groups 3:30 Crafts	22 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	23 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
24 10:00 Sports Group 10:40 Physical Group 2:30 Sports 3:40 Games	 25 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie	26 10:00 Sports Group 10:40 Physical Group 2:30 Birthday Party w/Kelly Miller (MD) 	27 10:00 Sports Group 10:40 Physical Group 2:30 Sports Group 3:15 Manicures 5:30 Evening Stroll 6:15 Butterfly Effect Program	28 10:00 Sports Group 10:40 Physical Group 2:30 BBQ on the Patio 3:30 Reading Group	29 10:00 Sports Group 10:40 Physical Group 2:30 Afternoon Movie 5:30 Evening Stroll 6:15 Butterfly Effect Program	30 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games
31 10:00 Sport Group 10:40 Physical Group 2:30 Sports Group 3:40 Games			Sensory - Mon-Fri – hand massage, textures, visual, auditory, gustatory, etc. Physical – ie. exercise, dancing in your seat, kickball, parachute, target toss	Music – any type of music or sing-a-long Reading- ie. current events, magazine articles, soup for the soul, readers digest, poetry	Sports – ie. Ball toss, balloon volley, bowling, horse shoes, ring toss, kickball, table games	Cognitive- ie. Trivia, Family Feud, Word Games, Reminiscing, Penny Ante, Pictionary