

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

# April 2026

## OPTALIS OF GROSSE POINTE WOODS

<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Coffee &amp; Convo <b>AR</b> 1:00-Movie &amp; Popcorn <i>(Knives Out, '19)</i> <b>AR</b></p> <p>Easter Sunday</p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- LCR- <b>AR</b> 1:00- Two Truths &amp; A Lie <b>AR</b> 2:00- Book Club <i>(I'll Be Gone In The Dark)</i> <b>AR</b> 3:30- Name Art- <b>AR</b> 5:30- Uno- <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Aerobics <b>AR</b> 11:00- Hydration Station <b>AR</b> 1:00- Watch Music Videos <b>AR</b> 2:00-BINGO <b>2DR</b> 3:30- Decorate Cookies <b>2DR</b> 5:30-Activity Packet <b>IR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- P Diddy Documentary <b>AR</b> 1:00- Best/Worst Prank <b>AR</b> 2:30- Scrabble <b>AR</b> 3:30- Horror Movie Club <i>(April Fool's Day '86)</i> <b>2DR</b> 5:30-Spades <b>AR RR</b></p> <p>All Fools' Day Passover Begins</p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- Would You Rather <b>AR</b> 1:00-Watch Music Videos <b>AR</b> 2:30- Easter Egg Hunt!<b>2DR</b> 3:30- Uno <b>AR</b> 5:30- Adult Coloring <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Yoga <b>AR</b> 10:30- Guided Meditation- <b>AR</b> 1:00- Decorate Easter Eggs- <b>2DR</b> 2:30- BINGO <b>2DR</b> 5:30-Cards <b>AR RR</b></p>	<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Hangman- <b>AR</b> 1:00- Spa Day <b>AR</b></p>
<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Coffee &amp; Donuts <b>AR</b> 1:00-Movie &amp; Popcorn <i>(Knives Out, '19)</i> <b>AR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- LCR- <b>AR</b> 1:00- Two Truths &amp; A Lie <b>AR</b> 2:00- Book Club <i>(I'll Be Gone In The Dark)</i> <b>AR</b> 3:30- Name Art- <b>AR</b> 5:30- Uno- <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Aerobics <b>AR</b> 11:00- Hydration Station <b>AR</b> 1:00- Watch Music Videos <b>AR</b> 2:00-BINGO <b>2DR</b> 3:30- Decorate Cookies <b>2DR</b> 5:30-Activity Packet <b>IR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00-True Crime Series-<i>Diddy</i> <b>AR</b> 1:00-Left Vs Right Brain Drawing <b>AR</b> 2:30-Who Is It? Game <b>AR</b> 3:30- Horror Movie Club <i>(The Long Walk '25)</i> <b>2DR</b> 5:30- Musical Therapy <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- Blind Taste Test <b>2DR</b> 1:00- Trivia <i>(Modern Pop Culture)</i> <b>AR</b> 2:30- Rummy Card Game <b>AR</b> 3:30- Name That Tune <b>2DR</b> 5:30- Uno <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Yoga <b>AR</b> 10:30 Guided Meditation <b>AR</b> 2:00- BINGO <b>2DR</b> 3:30- Spades <b>AR</b> 5:30- Dominoes <b>AR RR</b></p>	<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Jazz Musical Therapy <b>AR</b> 1:00- Spa Day <b>AR</b></p>
<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Coffee &amp; Donuts <b>AR</b> 1:00- Movie &amp; Popcorn <i>(Blades of Glory, '07)</i> <b>AR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- Knock That Cup Down <b>AR</b> 1:00- Jazz Music Therapy <b>AR</b> 2:00- Book Club <i>(IBGITD continued)</i> <b>AR</b> 3:30- Guided Meditation <b>AR</b> 5:30- Monopoly <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Aerobics <b>AR</b> 11:00- Hydration Station <b>AR</b> 2:00-BINGO <b>2DR</b> 3:30- Residents React <i>(Bad Bunny)</i> <b>AR</b> 5:30-Trouble- <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00-<i>Diddy</i> True Crime Series) <b>AR</b> 1:00-Watch Music Videos <b>AR</b> 2:30- Scrabble- <b>AR</b> 3:30- Horror Movie Club <i>(Long Legs '24)</i> <b>2DR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- Comedy Corner <b>AR</b> 1:00- Would You Rather <b>AR</b> 3:30-Monocromatic Drawing <b>AR</b> 5:30- Jenga- <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Yoga <b>AR</b> 10:30 Guided Meditation <b>AR</b> 2:00- BINGO <b>2DR</b> 3:30- Never Have I Ever <b>AR</b> 5:30- Movie Time <b>2DR RR</b> <i>(Nonnas, '25)</i></p>	<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Watch Music Videos <b>AR</b> 1:00- Spa Day <b>AR</b></p>
<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Coffee &amp; Donuts <b>AR</b> 1:00- Movie &amp; Popcorn <i>(IF, '24)</i> <b>AR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- Hyacinth Craft <b>AR</b> 2:00- Book Club <i>(IBGITD continued)</i> <b>AR</b> 3:30- Clue <b>AR</b> 5:30- Scrabble <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Aerobics <b>AR</b> 11:00- Hydration Station <b>AR</b> 2:00-BINGO <b>2DR</b> 3:30- Sing-along! <b>2DR</b> 5:30- Activity Packet <b>IR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00-True Crime Series <i>(Diddy)</i> <b>AR</b> 1:00- Fruit Salad <b>AR</b> 2:30- Karaoke <b>2DR</b> 3:30- Horror Movie Club <i>(Psycho '60)</i> <b>2DR</b> 5:30- Adult Coloring <b>AR/RR</b></p> <p>Earth Day Administrative Professionals Day</p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- Virtual Museum Tour <b>2DR</b> 1:00- Faux Stained Glass Art <b>2DR</b> 3:30- Rummy Card Game <b>AR</b> 5:30- LCR Game <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Yoga <b>AR</b> 10:30-Guided Meditation <b>AR</b> 2:00- BINGO <b>2DR</b> 3:30- Monopoly <b>AR</b> 5:30- Music Videos <b>AR RR</b></p> <p>Arbor Day</p>	<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Pictionary <b>AR</b> 1:00- Spa Day <b>AR</b></p>
<p>10:00 -Daily Chronicles <b>IR</b> 11:00- Coffee &amp; Donuts <b>AR</b> 1:00- Movie &amp; Popcorn <i>(The Unbearable Weight of Massive Talent, '22)</i> <b>AR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 2:00- Book Club <i>(IBGITD continued)</i> <b>AR</b> 3:30- Balloon Tennis <b>2DR</b> 5:30- Sketchbook Prompt <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Chair Aerobics <b>AR</b> 11:00- Hydration Station <b>AR</b> 2:00-BINGO <b>2DR</b> 3:30- Uno <b>AR</b> 5:30- Music Therapy <b>AR RR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 11:00- <i>Diddy</i> Series Discussion <b>AR</b> 1:00-Residents React <i>(Social Media Trends)</i>- <b>AR</b> 2:30- Would You Rather- <b>AR</b> 3:30- Horror Movie Club <i>(Weapons '25)</i> <b>2DR</b></p>	<p>9:00 -Daily Chronicles <b>IR</b> 10:00- Coffee &amp; Convo <b>AR</b> 2:00- April Birthdays Party <b>2DR</b> 5:30- Watch Music Videos <b>AR</b></p>		

ACTIVITIES ARE SUBJECT TO CHANGE. RR- RESIDENT RAN, AR- ACTIVITY ROOM, 2DR- 2ND FLOOR DINING ROOM , 1DR-1ST FLOOR DINING ROOM