

# MARCH 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>1</b> 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Social Hour 6:45 Farkle</p>	<p><b>2</b> 10:15 Exercise Group 11:30 Trivia 1:00 Leisure Rounds 2:30 Pokeno 5:00 Social Hour 6:45 UNO</p>	<p><b>3</b> 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Dominos</p>	<p><b>4</b> 10:00 <b>Resident Council</b> 11:30 Hangman 2:15 <b>Springtime Jingo</b> 5:00 Trivia 6:45 Farkle</p>	<p><b>5</b> 10:15 Exercise Group 11:30 Piano Music 1:30 Hands &amp; Nails 3:00 Card Club 5:00 Trivia 6:45 Bingo</p>	<p><b>6</b> 10:15 Pokeno 11:30 Charades 2:15 LCR Game 4:00 Leisure Rounds</p>	<p><b>7</b> 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Bowling</p>
<p><b>8 Daylight Saving Time Begins</b> 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Social Hour 6:45 UNO</p>	<p><b>9</b> 10:15 Exercise Group 11:30 Trivia 1:00 Room Visits 2:30 Pokeno 5:00 Social Hour 6:45 Dominos</p>	<p><b>10</b> 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Bowling</p>	<p><b>11</b> 10:15 Balloon Volleyball 11:30 Hangman 2:15 <b>St Patrick's Day Craft</b> 5:00 Trivia 6:45 Farkle</p>	<p><b>12</b> 10:15 Exercise Group 11:30 Piano Music 1:30 Hands &amp; Nails 3:00 Card Club 5:00 Social Hour 6:45 Bingo</p>	<p><b>13 National Sleep Day— Wear your favorite PJ's!</b> 10:15 Pokeno 11:30 Charades 2:15 <b>Movie &amp; Shamrock Shakes</b> 4:00 Leisure Rounds</p>	<p><b>14 Pi Day</b> 10:15 Table Games 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Pokeno</p>
<p><b>15</b> 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Social Hour 6:45 Dominos</p>	<p><b>16</b> 10:15 Exercise Group 11:30 Presidents' Day Trivia 1:00 Leisure Rounds 2:30 Pokeno 5:00 Social Hour 6:45 Farkle</p>	<p><b>17 Happy St Patrick's Day!</b> 10:30 Prayer Group 12pm <b>Pub Crawl</b> 2:30 <b>St Pat's Bingo</b> 5:00 Trivia 6:45 UNO</p>	<p><b>18</b> 10:15 Dominos 11:30 Hangman 2:00 <b>General Store</b> 5:00 Trivia 6:45 Farkle</p>	<p><b>19</b> 10:00 Exercise Group 11:30 Piano Music 1:30 Hands &amp; Nails 3:00 Card Club 5:00 Social Hour 6:45 Bingo</p>	<p><b>20 Spring Begins</b> 10:15 Pokeno 11:30 Charades 2:15 <b>Spring Fling</b> 4:00 Leisure Rounds</p>	<p><b>21</b> 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Bowling</p>
<p><b>22</b> 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 Dominos</p>	<p><b>23</b> 10:15 Exercise Group 11:30 Trivia 1:00 Room Visits 2:30 Pokeno 5:00 Social Hour 6:45 UNO</p>	<p><b>24</b> 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Farkle</p>	<p><b>25 INSANE BINGO DAY</b> Bingo played from 10am to 4pm with a break for lunch from 11:30-2pm. 6:45 <b>Music With David</b></p>	<p><b>26 Tiger's Opening Day</b> 10:15 Exercise Group 11:30 Piano Music 1:30 Hands &amp; Nails 3:00 Card Club 5:00 Social Hour</p>	<p><b>27</b> 10:15 Pokeno 11:30 Charades 2:15 <b>Cake &amp; Icecream</b> 4:00 Leisure Rounds</p>	<p><b>28 Easter Egg Hunt</b> 10:15 Table Games 11:30 Trivia 1:00 Room Visits 2:00 Bingo 5:00 Trivia 6:45 Pokeno</p>
<p><b>29 Palm Sunday</b> 10:00 Calvary DVD 11:30 Trivia 1:00 Room Visits 1:45 Hymn Sing 5:00 Word Games 6:45 UNO</p>	<p><b>30</b> 10:15 Exercise Group 11:30 Trivia 1:00 Room Visits 2:30 Pokeno 5:00 Social Hour 6:45 Farkle</p>	<p><b>31</b> 10:30 Prayer Group 1:00 Room Visits 2:30 Bingo 5:00 Word Puzzles 6:45 Dominos</p>		<p><b>OPTALIS HEALTH &amp; REHABILITATION OF LEONARD ACTIVITY CALENDAR</b></p>		
		<p><b>1:1 Activities provided per Resident's needs. Activities subject to change.</b></p>		<p><b>Beauty Shop is open every other Monday, at 9:15am, by appointment.</b></p>		