

Optalis Healthcare of Allen Park

March 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>12:30 Open Recreation (AR) 2:00 Non-denominational Church Service (MDR) 3:00 Align Ordering Assistance (AR) 4:00 Trivia Fun! (BW) 6:30 Players Choice (AR)</p>	<p>2</p> <p>9:30 Open Recreation (AR) 11:00 Farkel Dice Game (AR) 12:30 Open Recreation (AR) 2:30 Trivia (BW)</p>	<p>3</p> <p>9:30 Open Recreation (AR) 11:00 Coffee Social (AR) 12:30 Open Recreation (AR) 2:30 Yahtzee (AR)</p>	<p>4</p> <p>9:30 Open Recreation (AR) 11:00 Exercise with Jan (BW) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Uno! (AR)</p>	<p>5</p> <p>9:30 Open Recreation (AR) 11:00 Five Crowns Card Game (AR) 12:30 Open Recreation (AR) 2:30 Trivia and Reminiscing (BW)</p>	<p>6</p> <p>9:30 Open Recreation 11:00 Nutrition Month Bingo (MDR) 12:30 Open Recreation (AR) 2:30 Karaoke Sing A Long (AR)</p>	<p>7</p> <p>9:30 Open Recreation (AR) 11:00 Dominos (AR) 12:30 Open Recreation (AR) 2:30 Painting Group (AR)</p>
<p>8</p> <p>Daylight Savings Time Begins 9:30 Open Recreation (AR) 11:00 Farkle Dice Game (AR) 12:30 Open Recreation (AR) 2:30 Players Choice (AR)</p>	<p>9</p> <p>9:30 Open Recreation (AR) 11:00 Phase 10 Card Game (AR) 12:30 Open Recreation (AR) 2:30 Trivia (BW)</p>	<p>10</p> <p>9:30 Open Recreation (AR) 11:00 Five Crown Card Game (AR) 12:30 Open Recreation (AR) 2:00 Just for Fun Bingo (MDR) 3:00 Resident Council Meeting (MDR)</p>	<p>11</p> <p>9:30 Open Recreation (AR) 10:30 Nail Painting with Kala (BW) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting Room Visits 6:00 Rummy (AR)</p>	<p>12</p> <p>9:30 Open Recreation (AR) 11:00 Don't You Forget it Dice Game (AR) 12:30 Open Recreation (AR) 2:00 Nutrition Education (AR) 2:30 Patty's Day Craft</p>	<p>13</p> <p>9:30 Open Recreation 11:00 Bingo (MDR) 12:30 Open Recreation (AR) 2:00 Afternoon Movie/Popcorn Pass (MDR)</p>	<p>14</p> <p>PI Day (π) 9:30 Open Recreation (AR) 11:00 Five Crowns Card Game (AR) 12:30 Open Recreation (AR) 2:30 Word Games (BW)</p>
<p>15</p> <p>12:30 Open Recreation (AR) 2:00 Non-denominational Church Service (MDR) 3:00 Reminiscing Group (AR) 4:00 Dominos (AR) 6:30 Players Choice (AR)</p>	<p>16</p> <p>9:30 Open Recreation (AR) 11:00 Balloon Volleyball (AR) 12:30 Open Recreation (AR) 2:30 Sorry Board Game (AR)</p>	<p>17</p> <p>St Patty's Day 9:30 Open Recreation (AR) 11:00 Cardio Drumming (AR) 12:30 Open Recreation (AR) 2:30 Happy Hour! (MDR) Wear Green!!!</p>	<p>18</p> <p>9:30 Open Recreation (AR) 11:00 Exercise with Jan (BW) 11:00 Music Room Visits by Robin Beck 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Yahtzee (AR)</p>	<p>19</p> <p>9:30 Open Recreation (AR) 11:00 Dominos (AR) 12:30 Open Recreation (AR) 2:30 Align Ordering Assistance (AR)</p>	<p>20</p> <p>Spring Begins 9:30 Open Recreation 11:00 Bingo (MDR) 12:30 Open Recreation (AR) 2:30 Karaoke Sing A Long (AR)</p>	<p>21</p> <p>9:30 Open Recreation (AR) 11:00 Uno (AR) 12:30 Open Recreation (AR) 2:30 Yahtzee! (AR)</p>
<p>22</p> <p>9:30 Open Recreation (AR) 11:00 Craft Group (AR) 12:30 Open Recreation (AR) 2:30 Players Choice (AR)</p>	<p>23</p> <p>9:30 Open Recreation (AR) 11:00 WII Bowling (AR) 12:30 Open Recreation (AR) 2:30 Rummy (AR)</p>	<p>24</p> <p>9:30 Open Recreation (AR) 11:00 Golf Card Game (AR) 12:30 Open Recreation (AR) 2:30 Menu Choosing Group/ Assistance (AR)</p>	<p>25</p> <p>9:30 Open Recreation (AR) 11:00 Balloon Volleyball (BW) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion (AR) 3:00 Nail Painting (BW) 6:00 Five Crowns Card Game (AR)</p>	<p>26</p> <p>9:30 Open Recreation (AR) 11:00 Farkel Dice Game (AR) 12:30 Open Recreation (AR) 2:30 Hangman Word Game (BW)</p>	<p>27</p> <p>9:30 Open Recreation 11:00 Bingo (MDR) 12:30 Open Recreation (AR) 2:30 Spring Flower Decorating Group (AR)</p>	<p>28</p> <p>9:30 Open Recreation (AR) 11:00 Rummy (AR) 12:30 Open Recreation (AR) 2:30 Paint and Sip Class (AR)</p>
<p>29</p> <p>12:30 Open Recreation (AR) 2:00 Non-denominational Church Service (MDR) 3:00 Reminiscing Group (AR) 4:00 Dominos (AR) 6:30 Players Choice (AR)</p>	<p>30</p> <p>9:30 Open Recreation (AR) 11:00 Garbage Card Game 12:30 Open Recreation (AR) 2:30 Parachute Game (BW)</p>	<p>31</p> <p>9:30 Open Recreation (AR) 11:00 Coffee Social (AR) 12:30 Open Recreation (AR) 2:30 Phase 10 Card Game</p>				

Events are subject to change without notice.