

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Woodward Hills Recreation Calendar

1 10:15 Friendly Visits (IR) 2:00 Resident Bible Study (RT) Tu B'Shevat Begins	2 9:00 Catholic Communion (IR) 1:30 Yoga with Joyce (MDR) 2:30 Motown Monday (MDR) 2:30 Ice Cream Parlor (MDR) Groundhog Day	3 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Chair Tailgate Game (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	4 10:50 Morning Stretch (HL) 2:30 Bingo (MDR) 2:30 Ice Cream Parlor (MDR)	5 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	6 10:50 Balloon Volley (HL) 2:30 February Resident Birthday Party with Vanessa Carr (MDR)	7 10:15 Friendly Visits (IR) 2:00 Bingo (MDR)
8 10:15 Friendly Visits (IR) 2:00 Central Woodward Christian Church Service (RT)	9 9:00 Catholic Communion (IR) 2:30 Giant Bowling (MDR) 2:30 Ice Cream Parlor (MDR)	10 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Valentine Cards (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	11 10:50 Morning Stretch (HL) 2:30 Big Bingo! (MDR) 2:30 Ice Cream Parlor (MDR)	12 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	13 10:50 Balloon Volley (HL) 2:30 Valentines Day Party with Christine Schinker (MDR)	14 10:15 Friendly Visits (IR) 2:00 Cupid's Bingo! (MDR) Valentine's Day
15 10:15 Friendly Visits (IR) 2:30 Sing-A-Long with Julie & Grant Anderson (MDR)	16 9:00 Catholic Communion (IR) 1:30 Yoga with Joyce (MDR) 2:30 Jazz & Blues Hour (MDR) 2:30 Ice Cream Parlor (MDR) Presidents' Day (U.S.)	17 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Mardi Gras Masks (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR) Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 10:50 Morning Stretch (HL) 2:30 Bingo (MDR) 2:30 Ice Cream Parlor (MDR)	19 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Colors of Care with Ariya (CC)	20 10:50 Balloon Volley (HL) 2:30 White Chocolate Raspberry Sundaes (MDR)	21 10:15 Friendly Visits (IR) 2:00 Dollar Bingo! (MDR)
22 10:15 Friendly Visits (IR) 2:00 Coffee & Pastries (RT)	23 9:00 Catholic Communion (IR) 1:30 Resident Council (CC) 2:30 Gospel Hour (MDR) 2:30 Ice Cream Parlor (MDR)	24 10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Aromatherapy (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	25 10:50 Morning Stretch (HL) 2:30 Big Bingo! (MDR) 2:30 Ice Cream Parlor (MDR)	26 10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	27 10:50 Balloon Volley (HL) 2:30 Strawberry Shortcake Sundaes (MDR)	28 10:15 Friendly Visits (IR) 2:00 Bingo (MDR)

Main Dining Room= MDR, Recreation Room= RT, Hunter Lounge= HL, In Room= IR, CC= Cozy Corner, Channel 30= Ch 30, ***= Must Sign Up to Attend