

Optalis Healthcare of Allen Park

February 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 12:30 Open Recreation (AR) 2:00 NonDenominational Church Service (MDR) 4:00 Trivia Fun (BW) 6:30 Players Choice (AR)	2 Ground Hog Day 9:30 Open Recreation (AR) 11:00 Reminiscing/ Trivia Group 12:30 Open Recreation (AR) 2:30 Five Crowns Card Game (AR)	3 9:30 Open Recreation (AR) 11:00 Valentines Day Craft (AR) 12:30 Open Recreation (AR) 2:30 Tabletop Activity (AR)	4 9:30 Open Recreation (AR) 11:00 Exercise with Jan (BW) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Uno! (AR)	5 9:30 Open Recreation (AR) 11:00 Word Games (BW) 12:30 Open Recreation (AR) 2:30 Dominos (AR)	6 Winter Olympics Begin 9:30 Open Recreation (AR) 11:00 Bingo! (CMDR) 12:30 Open Recreation (AR) 2:30 Olympics Trivia (BW)	7 9:30 Open Recreation (AR) 11:00 Painting Group (AR) 12:30 Open Recreation (AR) 2:30 Garbage Card Game (AR)
8 Superbowl Sunday 9:30 Open Recreation (AR) 11:00 Football Toss Game (BW) 12:30 Open Recreation (AR) 2:30 Football Trivia (AR) 6:00 Superbowl Game (MDR)	9 9:30 Open Recreation (AR) 11:00 WII Bowling (AR) 12:30 Open Recreation (AR) 2:30 Dominos (AR)	10 9:30 Open Recreation (AR) 11:00 Yahtzee (AR) 12:30 Open Recreation (AR) 2:30 Farkel Dice Game (AR)	11 9:30 Open Recreation (AR) 10:30 Nail Painting with Kala (BW) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting Room Visits 6:00 Rummy (AR)	12 9:30 Open Recreation (AR) 11:00 Balloon Volleyball 12:30 Open Recreation (AR) 2:00 For the Love of Color Party! (MDR)	13 9:30 Open Recreation (AR) 10:45 Love Songs by Robin Beck (MDR) 12:30 Open Recreation (AR) 2:30 Valentine's Day Bingo (MDR)	14 Valentines Day 9:30 Open Recreation (AR) 11:00 Dominos (AR) 12:30 Open Recreation (AR) 2:30 Famous Couples Trivia (BW)
15 12:30 Open Recreation (AR) 2:00 NonDenominational Church Service (MDR) 3:30 Align Ordering Assistance 6:30 Players Choice (AR)	16 Presidents Day 9:30 Open Recreation (AR) 11:00 Balloon Volleyball (BW) 12:30 Open Recreation (AR) 2:30 Golf card Game (AR)	17 Fat Tuesday 9:30 Open Recreation (AR) 10:30 Paczki Pass (MDR) 12:30 Open Recreation (AR) 2:30 Dominos (AR)	18 Ash Wednesday 9:30 Open Recreation (AR) 11:00 Exercise with Jan (BW) 11:00 Music Room Visits by Robin Beck 12:30 open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Tabletop Activity	19 9:30 Open Recreation (AR) 11:00 Art Group (AR) 12:30 Open Recreation (AR) 2:30 Uno! (AR)	20 9:30 Open Recreation (AR) 11:00 Fall Prevention Bingo with Therapy (MDR) 12:30 Open Recreation (AR) 2:30 Motown Karaoke Sing a Long (AR)	21 9:30 Open Recreation (AR) 11:00 Yahtzee (AR) 12:30 Open Recreation (AR) 2:30 Card Bingo (AR)
22 9:30 Open Recreation (AR) 11:00 Velvet Art Group (AR) 12:30 Open Recreation (AR) 2:30 Players Choice (AR)	23 9:30 Open Recreation (AR) 11:00 Dominos (AR) 12:30 Open Recreation (AR) 2:30 Five Crowns Card Game (AR)	24 9:30 Open Recreation (AR) 11:00 Vet to Vet Café (MDR) 12:30 Open Recreation (AR) 2:00 Menu Choosing Activity (AR) 2:30 Align Ordering Assistance (AR)	25 9:30 Open Recreation (AR) 11:00 Coffee Social (AR) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Tabletop Activity (AR)	26 9:30 Open Recreation (AR) 11:00 Farkel Dice Game (AR) 12:30 Open Recreation (AR) 2:30 Trivia (BW)	27 9:30 Open Recreation (AR) 11:00 Bingo! (MDR) 12:30 Open Recreation (AR) 2:30 Uno (AR) 3:30 Cookie Pass	28 9:30 Open Recreation (AR) 11:00 Craft Group (AR) 12:30 Open Recreation (AR) 2:30 Reminiscing Group (BW)
<p>Celebrating BLACK HISTORY MONTH</p>			<p>Happy Valentine's Day</p>			

Events are subject to change without notice.