

Optalis Healthcare of Allen Park

February 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>12:30 Open Recreation (AR) 2:00 NonDenominational Church Service (MDR) 4:00 Trivia Fun (BW) 6:30 Players Choice (AR)</div>	<div>2</div> <div><b>Ground Hog Day</b> 9:30 Open Recreation (AR) 11:00 Reminiscing/ Trivia Group 12:30 Open Recreation (AR) 2:30 Five Crowns Card Game (AR)</div>	<div>3</div> <div>9:30 Open Recreation (AR) 11:00 Valentines Day Craft (AR) 12:30 Open Recreation (AR) 2:30 Tabletop Activity (AR)</div>	<div>4</div> <div>9:30 Open Recreation (AR) 11:00 Exercise with Jan (BW) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Uno! (AR)</div>	<div>5</div> <div>9:30 Open Recreation (AR) 11:00 Word Games (BW) 12:30 Open Recreation (AR) 2:30 Dominos (AR)</div>	<div>6</div> <div><b>Winter Olympics Begin</b> 9:30 Open Recreation (AR) 11:00 Bingo! (CMDR) 12:30 Open Recreation (AR) 2:30 Olympics Trivia (BW)</div>	<div>7</div> <div>9:30 Open Recreation (AR) 11:00 Painting Group (AR) 12:30 Open Recreation (AR) 2:30 Garbage Card Game (AR)</div>
<div>8</div> <div><b>Superbowl Sunday</b> 9:30 Open Recreation (AR) 11:00 Football Toss Game (BW) 12:30 Open Recreation (AR) 2:30 Football Trivia (AR) 6:00 Superbowl Game (MDR)</div>	<div>9</div> <div>9:30 Open Recreation (AR) 11:00 WII Bowling (AR) 12:30 Open Recreation (AR) 2:30 Dominos (AR)</div>	<div>10</div> <div>9:30 Open Recreation (AR) 11:00 Yahtzee (AR) 12:30 Open Recreation (AR) 2:30 Farkel Dice Game (AR)</div>	<div>11</div> <div>9:30 Open Recreation(AR) 10:30 Nail Painting with Kala (BW) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting Room Visits 6:00 Rummy (AR)</div>	<div>12</div> <div>9:30 Open Recreation (AR) 11:00 Balloon Volleyball 12:30 Open Recreation (AR) 2:00 For the Love of Color Party! (MDR)</div>	<div>13</div> <div>9:30 Open Recreation (AR) 10:45 Love Songs by Robin Beck (MDR) 12:30 Open Recreation (AR) 2:30 Valentine's Day Bingo (MDR)</div>	<div>14</div> <div><b>Valentines Day</b> 9:30 Open Recreation (AR) 11:00 Dominos (AR) 12:30 Open Recreation (AR) 2:30 Famous Couples Trivia (BW)</div>
<div>15</div> <div>12:30 Open Recreation (AR) 2:00 NonDenominational Church Service (MDR) 3:30 Align Ordering Assistance 6:30 Players Choice (AR)</div>	<div>16</div> <div><b>Presidents Day</b> 9:30 Open Recreation (AR) 11:00 Balloon Volleyball (BW) 12:30 Open Recreation (AR) 2:30 Golf card Game (AR)</div>	<div>17</div> <div><b>Fat Tuesday</b> 9:30 Open Recreation (AR) 10:30 Paczki Pass (MDR) 12:30 Open Recreation (AR) 2:30 Dominos (AR)</div>	<div>18</div> <div><b>Ash Wednesday</b> 9:30 Open Recreation (AR) 11:00 Exercise with Jan (BW) 11:00 Music Room Visits by Robin Beck 12:30 open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Tabletop Activity</div>	<div>19</div> <div>9:30 Open Recreation (AR) 11:00 Art Group (AR) 12:30 Open Recreation (AR) 2:30 Uno! (AR)</div>	<div>20</div> <div>9:30 Open Recreation (AR) 11:00 Fall Prevention Bingo with Therapy (MDR) 12:30 Open Recreation (AR) 2:30 Motown Karaoke Sing a Long (AR)</div>	<div>21</div> <div>9:30 Open Recreation (AR) 11:00 Yahtzee (AR) 12:30 Open Recreation (AR) 2:30 Card Bingo (AR)</div>
<div>22</div> <div>9:30 Open Recreation (AR) 11:00 Velvet Art Group (AR) 12:30 Open Recreation (AR) 2:30 Players Choice (AR)</div>	<div>23</div> <div>9:30 Open Recreation (AR) 11:00 Dominos (AR) 12:30 Open Recreation (AR) 2:30 Five Crowns Card Game (AR)</div>	<div>24</div> <div>9:30 Open Recreation (AR) 11:00 Vet to Vet Café (MDR) 12:30 Open Recreation (AR) 2:00 Menu Choosing Activity (AR) 2:30 Align Ordering Assistance (AR)</div>	<div>25</div> <div>9:30 Open Recreation (AR) 11:00 Coffee Social (AR) 12:30 Open Recreation (AR) 2:00 Catholic Rosary/ Communion Service (AR) 3:00 Nail Painting (BW) 6:00 Tabletop Activity (AR)</div>	<div>26</div> <div>9:30 Open Recreation (AR) 11:00 Farkel Dice Game (AR) 12:30 Open Recreation (AR) 2:30 Trivia (BW)</div>	<div>27</div> <div>9:30 Open Recreation (AR) 11:00 Bingo! (MDR) 12:30 Open Recreation (AR) 2:30 Uno (AR) 3:30 Cookie Pass</div>	<div>28</div> <div>9:30 Open Recreation (AR) 11:00 Craft Group (AR) 12:30 Open Recreation (AR) 2:30 Reminiscing Group (BW)</div>
<div>Celebrating BLACK HISTORY MONTH</div>	<div></div>	<div></div>	<div>Happy Valentine's Day</div>	<div></div>	<div></div>	<div></div>

Events are subject to change without notice.