

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Woodward Hills Recreation Calendar

January 2026 Woodward Hills Recreation Calendar				10:30 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Colors of Care Foundation with Ariya (CC) New Year's Day	1	10:50 Bean Bag Toss (HL) 2:30 Specialty Flavors (MDR)	2	10:15 Friendly Visits (IR) 2:00 Bingo (MDR)	3				
10:15 Friendly Visits (IR) 2:00 Rochester Church of Christ Service (RT)	4	9:00 Catholic Communion (IR) 1:30 Yoga with Joyce (MDR) 2:30 Creative Coloring (MDR) 2:30 Ice Cream Parlor (MDR)	5	10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Name that Elvis Tune (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	6	10:50 Morning Stretch (HL) 2:30 Bingo (MDR) 2:30 Ice Cream Parlor (MDR)	7	10:00 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	8	10:50 Balloon Volley (HL) 2:30 M&M Sundaes (MDR)	9	10:15 Friendly Visits (IR) 2:00 Bingo (MDR)	10
10:15 Friendly Visits (IR) 2:00 Central Woodward Christian Church Service (RT)	11	9:00 Catholic Communion (IR) 2:00 Music with Greg Greer (MDR) 2:30 Ice Cream Parlor (MDR)	12	10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Sensory Stimulation (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	13	10:50 Morning Stretch (HL) 2:30 Big Bingo! (MDR) 2:30 Ice Cream Parlor (MDR)	14	10:00 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	15	10:50 Bean Bag Toss (HL) 2:30 Black Cherry Sundaes (MDR)	16	10:15 Friendly Visits (IR) 2:00 Bingo (MDR)	17
10:15 Friendly Visits (IR) 2:00 Resident Karaoke (RT)	18	9:00 Catholic Communion (IR) 1:30 Yoga with Joyce (MDR) 2:30 MLK Music & Movement (MDR) 2:30 Ice Cream Parlor (MDR) Martin Luther King Jr. Day	19	10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Reminiscing (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	20	10:50 Morning Stretch (HL) 2:30 Bingo (MDR) 2:30 Ice Cream Parlor (MDR)	21	10:00 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	22	10:50 Balloon Volley (HL) 2:30 January Resident Birthday Party with Rick Davis (MDR)	23	10:15 Friendly Visits (IR) 2:00 Dollar Bingo! (MDR)	24
10:15 Friendly Visits (IR) 2:00 Popcorn & Classics (RT)	25	9:00 Catholic Communion (IR) 1:30 Resident Council (CC) 2:30 Ice Cream Parlor (MDR) Australia Day (Observed)	26	10:15 In Room Trivia 2:30 Munch and Mingle (CC) 3:00 Thank You Card Station (CC) 4:00 Movie Night (Ch30) 5:30 Evening Ice Cream Parlor (MDR)	27	10:50 Morning Stretch (HL) 2:30 Big Bingo! (MDR) 2:30 Ice Cream Parlor (MDR)	28	10:00 Room Visits 1:30-3:30 Manicures*** (RT) 4:00 Classic Movie (Ch 30) 4:30 Arts & Crafts (CC)	29	10:50 Bean Bag Toss (HL) 2:30 Hot Fudge Sundaes (MDR)	30	10:15 Friendly Visits (IR) 2:00 Bingo (MDR)	31

Main Dining Room= MDR, Recreation Room= RT, Hunter Lounge= HL, In Room= IR, CC= Cozy Corner, Channel 30= Ch 30, ***= Must Sign Up to Attend