

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	January 2026			West Park Care Center, Plum Unit & Teal Front Hall		
4 Daily Greetings & Daily Chronicles-RR 10:00 Socializing, Coffee & Snack-Act 2:00 Church Service Act	5 9:15 Greetings & Chronicles- RR 10:00 Exercise-Act Coffee & Alaska the 49th State-Act 2:00 Bingo-Act 3:30 Refreshing Drink-Act	6 9:15 Greetings & Chronicles-RR 10:00 Exercise-Act Coffee & Reminiscing-Act 2:00 Bowling-Act 3:00 Reading Group-Act 3:30 Drink Cart-Act & RR 6:00 Bingo-Act	7 9:15 Greetings & Chronicles-RR 10:00 Exercise-Act Coffee & Who Am I 2:00 Nails-Act 2:00 Coffee, Fun & Games-Act 3:30 Drink Cart-RR	1 10:00 New Years Trivia & Coffee-Act 2:00 Bingo-Act Happy New Year! New Year's Day	2 9:15 Greetings & Chronicle- RR 10:00 Exercise-Act Coffee & Wheel of Fortune-Act 2:00 Movie & Popcorn-Act 3:00 Drink Cart-RR	3 Daily Greetings & Chronicles-RR 10:00 Movie & Snacks-Act 2:00 Bingo-Act.
11 Daily Greetings & Daily Chronicles-RR 10:00 Socializing, Coffee & Snack-Act 2:00 Bible Baptist Church Service-Act	12 9:15 Greetings & Chronicles- RR 10:00 Exercise-Act Coffee & Trivia 2:00 Bingo-Act 2:00 Coloring & Puzzles-MC 2:30 Mix & Match-MC 3:30 Refreshing Drink-Act	13 9:15 Greetings & Chronicle-RR 10:00 Exercise-Act Coffee & Who Am I? 2:00 Food Committee & Resident Council-Plum Lounge 3:00 Coffee & Coloring-Act 3:30 Drink Cart-RR 6:00 Bingo-Act	14 9:15 Greetings & Chronicles-RR 10:00 Exercise-Act Coffee & Riddle Wednesday 2:00 National Dress-Up Your Pet Day! Pet Therapy with Payton, Jack and Vinny 3:30 Drink Cart-RR & Act	8 9:15 Greetings &Chronicles - RR 10:00 Exercise-Act Coffee & It's Elvis's B-Day 2:00 Jack Pot-Act 3:30 Coffee Cart-Act.& RR 6:00 Bingo-Act	9 9:15 Greetings & Chronicle- RR 10:00 Exercise-Act Coffee & Wheel of Fortune-Act 2:00 Movie & Popcorn-Act 3:00 Drink Cart-RR	10 Daily Greetings & Chronicles-RR 10:00 Movie & Snacks-Act 2:00 Bingo-Act.
18 Daily Greetings & Daily Chronicles-RR 10:00 Socializing, Coffee & Snack-Act 2:00 Trinity Assembly Of God -Act	19 9:15 Greetings & Chronicles- RR 10:00 Exercise-Act Coffee & Do You Know Martin Luther King? 2:00 Bingo-Act 2:00 Coloring & Puzzles-MC 2:30 Mix & Match-MC 3:30 Refreshing Drink-Act Martin Luther King Jr. Day	20 9:15 Greetings & Chronicles-RR 10:00 Exercise-Act Coffee & Aquarius 2:00 Bowling-Act 3:00 Coffee & Coloring-Act 3:30 Drink Cart-RR 6:00 Bingo-Act	21 9:15 Greetings & Chronicles-RR 10:00 Exercise-Act Coffee & Reminiscing 2:00 Nails-Act 2:00 Coffee, Fun & Games-Act 3:30 Drink Cart-RR	15 9:15 Greetings &Chronicles - RR 10:00 Exercise-Act Coffee & Hidden Pictures 2:00 Jack Pot-Act 3:30 Coffee Cart-Act.& RR 6:00 Bingo-Act	16 9:15 Greetings & Chronicle- RR 10:00 Exercise-Act Coffee & Wheel of Fortune-Act 2:00 Movie & Popcorn-Act 3:00 Drink Cart-RR	17 Daily Greetings & Chronicles-RR 10:00 Movie & Snacks-Act 2:00 Bingo-Act.
25 Daily Greetings & Daily Chronicles-RR 10:00 Socializing, Coffee & Snack-Act 2:00 Church Service Act	26 9:15 Greetings & Chronicles- RR 10:00 Exercise-Act Coffee & Trivia 2:00 Bingo-Act 2:00 Coloring & Puzzles-MC 2:30 Mix & Match-MC 3:30 Refreshing Drink-Act Australia Day (Observed)	27 9:15 Greetings & Chronicles-RR 10:00 Exercise-Act Coffee & Who Am I?-Act 2:00 National Chocolate Cake Day-Act 3:30 Reminiscing -Act 3:30 Coffee Cart 6:00 Bingo-Act	28 9:15 Greetings &Chronicles - RR 10:00 Exercise-Act Coffee & Riddle Wednesday 2:00 Nails-Act 2:00 Coffee, Fun & Games-Act 3:30 Drink Cart-RR	22 9:15 Greetings &Chronicles-RR 10:00 American Heritage Shopping Service-MDR 10:00 Coffee & Movie-Act 2:00 Jack Pot-Act 3:30 Coffee Cart-Act.& RR 6:00 Bingo-Act	23 9:15 Greetings & Chronicle- RR 10:00 Exercise-Act Coffee & Wheel of Fortune-Act 2:00 Movie & Popcorn-Act 3:00 Drink Cart-RR	24 Daily Greetings & Chronicles-RR 10:00 Movie & Snacks-Act 2:00 Bingo-Act.
29 9:15 Greetings & Chronicles- RR 10:00 Exercise-Act Coffee & Trivia 2:00 Bingo-Act 2:00 Coloring & Puzzles-MC 2:30 Mix & Match-MC 3:30 Refreshing Drink-Act	30 9:15 Greetings & Chronicle- RR 10:00 Exercise-Act Coffee & Wheel of Fortune-Act 2:00 Movie & Popcorn-Act 3:00 Drink Cart-RR			31 Daily Greetings & Chronicles-RR 10:00 Movie & Snacks-Act 2:00 Bingo-Act.		

Act-Activity Room

MC-Memory Care

RR-Resident Room

TFH-Teal Front Hall

PL-Plum Lounge

MDR-Main Dining Room