

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2026

				10:15 <b>Exercise</b> 11:00 <b>Guess the Phrase</b> 1:00 <b>Fuzzy Posters</b> 2:00 <b>New Year Resolutions!</b> 4:00 <b>The Perk</b>	1 10:00 <b>Wii Bowling</b> 11:00 <b>Wii Bowling</b> 1:00 <b>Manicures</b> 2:00 <b>Happy Hour</b> 3:30 <b>Shut the Box</b> 4:00 <b>The Perk</b>	2 10:00 <b>Exercise</b> 11:00 <b>Painting Ceramics</b> 1:00 <b>Brain Games</b> 2:00 <b>BINGO!</b> 3:30 <b>The Perk Daily</b>
				New Year's Day		
10:00 <b>Mimosa Sunday</b> 11:00 <b>Tranquil Touch</b> 1:30 <b>Church Service</b> 2:15 <b>Sunday Matinee</b> 4:00 <b>The Perk</b>	4 10:00 <b>Exercise</b> 11:00 <b>Sun Catchers</b> 1:00 <b>Sunshine Visits</b> 2:00 <b>Ice Cream Social</b> 3:15 <b>Bunco!</b> 4:00 <b>THE Perk</b>	5 10:00 <b>Neighbors in Motion with Ann Marie</b> 11:00 <b>Resident Council</b> 1:1 <b>Sunshine Visits</b> 2:00 <b>Bible Study</b> 4:00 <b>The Perk</b>	6 10:00 <b>Exercise with Ann Marie</b> 11:00 <b>Manicures</b> 1:00 <b>Trivia</b> 2:00 <b>Movin &amp; Groovin with Susan</b> 4:00 <b>The Perk</b>	7 10:00 <b>Exercise</b> 11:30 <b>Lunch Bunch!</b> 2:30 <b>Plinko!</b> 3:15 <b>Tech Corner</b> 4:00 <b>The Perk</b>	8 10:00 <b>Wii Bowling</b> 11:00 <b>Wii Bowling</b> 1:00 <b>Manicures</b> 2:00 <b>Happy Hour</b> 3:30 <b>Rummy Cube</b> 4:00 <b>The Perk</b>	9 10:00 <b>Exercise</b> 11:00 <b>Watercolor Art</b> 2:00 <b>Popcorn Cart</b> 3:00 <b>Monopoly</b> 4:00 <b>The Perk</b>
10:15 <b>Tea Club</b> 11:00 <b>Tranquil Touch</b> 1:30 <b>Church Service</b> 2:15 <b>Polar Bear Plunge Game (Dice Game)</b> 4:00 <b>The Perk</b>	11 10:00 <b>Exercise</b> 11:00 <b>Watercolor Art</b> 1:00 <b>Watercolor Art Continued</b> 2:00 <b>Ice Cream Social</b> 3:15 <b>Bunco!</b> 4:00 <b>THE Perk</b>	12 10:00 <b>Neighbors in Motion with Ann Marie</b> 11:00 <b>Piano Music</b> 1:1 <b>Sunshine Visits</b> 2:00 <b>The Chosen</b> 4:00 <b>The Perk</b>	13 10:00 <b>Exercise with Ann Marie</b> 11:00 <b>Manicures</b> 1:00 <b>Snowman Wreaths</b> 2:00 <b>Movin &amp; Groovin with Susan</b> 4:00 <b>The Perk</b>	14 10:00 <b>Exercise</b> 11:00 <b>Jeopardy Trivia</b> 2:00 <b>Art with Linda</b> 3:00 <b>Grief Support</b> 3:15 <b>Tech Corner</b> 4:00 <b>The Perk</b>	15 10:00 <b>Wii Bowling</b> 11:00 <b>Wii Bowling</b> 1:00 <b>Manicures</b> 2:00 <b>Create your own Pizza!</b> 3:30 <b>Kings in the Corner</b> 4:00 <b>The Perk</b>	16 10:00 <b>Exercise</b> 2:00 <b>BINGO!</b> 4:00 <b>The Perk</b>
10:15 <b>Mimosa Sunday</b> 1:30 <b>Church Service in Chapel</b> 4:00 <b>The Perk</b>	18 10:00 <b>Art for all Ages</b> 11:00 <b>Music &amp; Massage</b> 2:00 <b>Ice Cream Social</b> 3:15 <b>Bunco!</b> 4:00 <b>The Perk</b>	19 10:00 <b>Neighbors in Motion with Ann Marie</b> 11:00 <b>Piano Music</b> 1:1 <b>Sunshine Visits</b> 2:00 <b>Bible Study</b> 4:00 <b>The Perk</b>	20 10:00 <b>Exercise with Ann Marie</b> 11:00 <b>Manicures</b> 1:00 <b>PLINKO</b> 2:00 <b>Movin &amp; Groovin with Susan</b> 4:00 <b>The Perk</b>	21 10:00 <b>Exercise</b> 11:00 <b>Music &amp; Massage</b> 2:00 <b>Shopping Trip</b> 3:15 <b>Tech Corner</b> 4:00 <b>The Perk</b>	22 10:00 <b>Wii Bowling</b> 11:00 <b>Wii Bowling</b> 1:00 <b>Manicures</b> 2:00 <b>Happy Hour Nashville Music Theme</b> 3:30 <b>Yahtzee</b> 4:00 <b>The Perk</b>	23 10:00 <b>Exercise</b> 2:00 <b>BINGO!</b> 4:00 <b>The Perk</b>
				Martin Luther King Jr. Day		
10:15 <b>Tea Club</b> 1:30 <b>Church Service in Chapel</b> 4:00 <b>The Perk</b>	25 10:00 <b>Exercise</b> 11:00 <b>Craft Cart</b> 2:00 <b>Kensington Winter Drive!</b> 3:15 <b>Bunco!</b> 4:00 <b>The Perk</b>	26 10:00 <b>Neighbors in Motion with Ann Marie</b> 11:00 <b>Piano Music</b> 1:1 <b>Sunshine Visits</b> 2:00 <b>The Chosen</b> 4:00 <b>The Perk</b>	27 10:00 <b>Exercise with Ann Marie</b> 11:00 <b>Manicures</b> 1:00 <b>Jack Pot!</b> 2:00 <b>Birthday Celebration!</b> 4:00 <b>The Perk</b>	28 10:00 <b>Exercise</b> 11:00 <b>Hangman</b> 2:00 <b>Art with Linda</b> 3:15 <b>Tech Corner</b> 4:00 <b>The Perk</b>	29 10:00 <b>Wii Bowling</b> 11:00 <b>Wii Bowling</b> 1:00 <b>Manicures</b> 2:00 <b>Paint N Pour!</b> 3:30 <b>Yahtzee</b> 4:00 <b>The Perk</b>	30 10:00 <b>Exercise</b> 2:00 <b>Hot Chocolate Cart</b> 4:00 <b>The Perk</b>