

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LOOK FOR SPIRIT WEEK, GAMES AND NEW YEAR'S EVE EVENT FLYERS DURING THE MONTH!	1 9:30AM Coffee – chat 10:30AM Hangman 12:30PM Lunch 2:00PM Resident Council 3:00PM Nails 5:00PM Dinner	2 9:30AM Coffee – music 10:30AM Coloring contest and nails! 12:30PM Lunch 2:30PM Bingo & Snack 5:00PM Dinner 6:15PM News hour- TV history	3 9:30AM Coffee – chat 10:30AM Res. Choice 12:30PM Lunch 2:00PM Word game! 3:00PM Multiple choice trivia 5:00PM Dinner 6:00PM Nails	4 9:30AM Coffee – chat Hairdresser here! 10:30AM Exercise – res. Choice 12:30PM Lunch 2:30PM Bingo & Snack 5:00PM Dinner 6:15PM Karaoke	5 9:30AM Coffee – music 10:30AM Yoga 12:30PM Lunch 2:00PM Live Music- Christmas themed! 5:00PM Dinner 6:15PM News hour- TV history	6 9:30AM Activity Cart 10:30AM Snack & Chat 12:30PM Lunch 2:00PM Res Choice 5:00PM Dinner 6:15PM True or False game
7 9:30AM Coffee – chat 10:30AM Res. Choice 12:30PM Lunch 2:30PM Bingo & Snacks 5:00PM Dinner 6:00PM FELLOWSHIP CHURCH CHRISTMAS CAROLER'S COMING!	8 9:30AM Coffee – chat 10:30AM Hangman 12:30PM Lunch 2:00PM Food Council 3:00PM Nails 5:00PM Dinner	9 9:30AM Coffee – music 10:30AM Coloring contest and nails! 12:30PM Lunch 2:30PM Bingo & Snack 5:00PM Dinner 6:15PM News hour- TV history	10 9:30AM Coffee – chat 10:30AM Res. Choice 12:30PM Lunch 2:00PM Christmas movie & popcorn 5:00PM Dinner 6:00PM Nails	11 9:30AM Coffee – chat 10:30AM Exercise – res. Choice 12:30PM Lunch 2:30PM Bingo & Snack 5:00PM Dinner 6:15PM Karaoke	12 9:30AM Coffee – music 10:30AM Yoga 12:30PM Lunch 2:00PM Word Game 5:00PM Dinner 6:15PM News hour- TV history	13 9:30AM Activity Cart 10:30AM Snack & Chat 12:30PM Lunch 2:00PM Res Choice 5:00PM Dinner 6:15PM True or False game
14 9:30AM Activity Cart 11:00AM Devotion & Bible study 12:30PM Lunch 2:30PM Bingo & Snacks 5:00PM Dinner 6:15PM Board game <small>Hanukkah Begins</small>	15 9:30AM Coffee – chat 10:30AM Hangman 12:30PM Lunch 2:00PM Board Games 3:00PM Nails 5:00PM Dinner 6:15PM Wii game	16 9:30AM Coffee – music 10:30AM Coloring contest and nails! 12:30PM Lunch 2:30PM Bingo & Snack 5:00PM Dinner 6:15PM News hour- TV history	17 9:30AM Coffee – chat 10:30AM Res. Choice 12:30PM Lunch 2:00PM Christmas movie & popcorn 5:00PM Dinner 6:00PM Nails	18 10:30AM Exercise-RES CHOICE 11:30AM RESIDENT AND FAMILY XMAS LUNCH! SANTA & CAROLER'S HERE! 2:30PM Bingo & Snack- FAMILY WELCOME TO STAY & PLAY BINGO! 5:00PM Dinner 6:15PM KARAOKE	19 9:30AM Coffee – music 10:30AM Yoga 12:30PM Lunch 2:00PM Prize Market! 5:00PM Dinner 6:15PM News hour- TV history	20 9:30AM Activity Cart 10:30AM Snack & Chat 12:30PM Lunch 2:00PM Res Choice 5:00PM Dinner 6:15PM True or False game
21 9:30AM Activity Cart 11:00AM Devotion & Bible study 12:30PM Lunch 2:30PM Bingo & Snacks 5:00PM Dinner 6:15PM Board game <small>Winter Begins</small>	22 9:30AM Coffee – chat 10:30AM Hangman 12:30PM Lunch 2:00PM Board Games 3:00PM Nails 5:00PM Dinner 6:15PM Wii game	23 9:30AM Coffee – music 10:30AM Coloring contest and nails! 12:30PM RESIDENT CHRISTMAS LUNCH AND PRESENTS! 2:00PM LIVE CHRISTMAS MUSIC! 5:00PM Dinner 6:15PM News hour- TV	24 9:30AM Coffee – chat 10:30AM Res. Choice 12:30PM Lunch 2:00PM Christmas movie & popcorn 5:00PM Dinner 6:00PM Nails	25 9:30AM Coffee – chat 10:30AM Exercise – res. Choice 12:30PM Lunch 2:30PM Bingo & Christmas snacks! 5:00PM Dinner 6:15PM Karaoke- Christmas songs! <small>Christmas</small>	26 9:30AM Coffee – music 10:30AM Yoga 12:30PM Lunch 2:00PM Word Game 5:00PM Dinner 6:15PM News hour- TV history <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 9:30AM Activity Cart 10:30AM Snack & Chat 12:30PM Lunch 2:00PM Res Choice 5:00PM Dinner 6:15PM True or False game
28 9:30AM Activity Cart 11:00AM Devotion & Bible study 12:30PM Lunch 2:30PM Bingo & Snacks 5:00PM Dinner 6:15PM Board game	29 9:30AM Coffee – chat 10:30AM Hangman 12:30PM Lunch 2:00PM Board Games 3:00PM Nails 5:00PM Dinner 6:15PM Wii game	30 9:30AM Coffee – music 10:30AM Coloring contest and nails! 12:30PM Lunch 2:30PM Bingo & Snack 5:00PM Dinner 6:15PM News hour- TV history	31 9:30AM Coffee – chat 10:30AM Res. Choice 12:30PM Lunch 2:00PM Word game! 3:00PM Multiple choice trivia 5:00PM Dinner 6:00PM Nails <small>New Year's Eve</small>	<div>December 2025</div> <div>OPTALIS OF MUSKEGON ACTIVITY CALENDAR</div>		

ACTIVITIES ARE SUBJECT TO CHANGE- ACTIVITY AIDES ARE AVAILBLE TO GET YOU TO THE ACTIVITY AND BACK!