Sunday Monday Tuesday Wednesday Thursday Friday Saturday 9:30AM Activity Cart November 2025 10:30AM Snack & Chat outside if weather permits. 12:30PM Lunch 2:00PM Res Choice 5:00PM Dinner OPTALIS HEALTHCARE OF MUSKEGON ACTIVITY CALENDAR 6:15PM True or False game 6 9:30AM Coffee - music 4 9:30AM Coffee - chat 3 9:30AM Coffee - music 2|9:30AM Coffee – chat 5|9:30AM Coffee – chat 10:30AM Exercise – res. 10:30AM Yoga 10:30AM Res. Choice 10:30AM Coloring contest 9:30AM Activity Cart 9:30AM Activity Cart 10:30AM Hangman 12:30PM Lunch 10:30AM Snack & Chat -11:00AM Devotion & Bible and nails! 12:30PM Lunch 12:30PM Lunch Choice 12:30PM Lunch 2:00PM Word game! 2:00PM Word Game outside if weather permits. study 2:00PM Resident 12:30PM Lunch 12:30PM Lunch 12:30PM Lunch 2:30PM Bingo & Snack 3:00PM Multiple choice 5:00PM Dinner 2:30PM Bingo & Snack Council 2:30PM Bingo & Snacks 6:15PM News hour- TV 2:00PM Res Choice 5:00PM Dinner trivia 3:00PM Nails 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner 6:15PM News hour- TV 5:00PM Dinner history 6:15PM Karaoke 6:15PM True or False game 6:15PM Board game 5:00PM Dinner history 6:00PM Nails 99:30AM Coffee - chat 10 9:30AM Coffee - music 11 9:30AM Coffee - chat 12 9:30AM Coffee - chat 13 9:30AM Coffee - music 14 10:30AM Exercise – res. 10:30AM Yoga 9:30AM Activity Cart 10:30AM Veterans Day 10:30AM Res. Choice 9:30AM Activity Cart 10:30AM Hangman 11:00AM Devotion & Bible puzzles, moment of silence 12:30PM Lunch 10:30AM Snack & Chat -12:30PM Lunch Choice 12:30PM Lunch @ 11:00AM 12:30PM Lunch 2:00PM Word game! 2:00PM LIVE MUSIC! outside if weather permits. study 2:00PM Food Council 12:30PM Lunch 12:30PM Lunch 3:00PM Multiple choice l5:00PM Dinner 12:30PM Lunch 2:30PM Bingo & Snack 3:00PM Nails 2:00PM Res Choice 2:30PM Bingo & Snacks 2:30PM Bingo & Snack 6:15PM News hour- TV trivia 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner history 6:15PM True or False game 6:15PM Board game 6:15PM Newsaheนr- TV 6:00PM Nails 6:15PM Wii game 6:15PM Karaoke 9:30AM Coffee – music 18 9:30AM Coffee – chat 16 9:30AM Coffee - chat 17 19 9:30AM Coffee - chat 20 9:30AM Coffee - music 21 10:30AM Exercise – res. 10:30AM Yoga 10:30AM Coloring contest 10:30AM Res. Choice 9:30AM Activity Cart 9:30AM Activity Cart 10:30AM Hangman 11:00AM Devotion & Bible 12:30PM Lunch and nails! 10:30AM Snack & Chat -12:30PM Lunch 12:30PM Lunch Choice 12:30PM Lunch 2:00PM Word game! 2:00PM Prize Market! outside if weather permits. study 12:30PM Lunch 2:00PM Board games 12:30PM Lunch 12:30PM Lunch 2:30PM Bingo & Snack 3:00PM Multiple choice 5:00PM Dinner 2:30PM Bingo & Snack 3:00PM Nails 6:15PM News hour- TV 2:00PM Thanksgiving craft 2:30PM Bingo & Snacks 5:00PM Dinner trivia 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner 6:15PM News hour- TV 5:00PM Dinner history 6:15PM True or False game 6:15PM Board game 6:15PM Wii game 6:00PM Nails history 6:15PM Karaoke 26 9:30AM Coffee - chat 27 9:30AM Coffee - music 28 9:30AM Coffee – music 25 9:30AM Coffee – chat 23|9:30AM Coffee - chat 24 10:30AM Coloring contest 10:30AM Res. Choice 9:30AM Activity Cart 10:30AM Yoga 9:30AM Activity Cart 10:30AM Hangman 9:45AM T'day puzzles, 11:00AM Devotion & Bible 10:30AM Snack & Chat and nails! 12:30PM Lunch 12:30PM Lunch coloring pages, etc. 12:30PM Lunch 12:30PM Lunch 2:00PM LIVE MUSIC! outside if weather permits. study 2:00PM Word game! 2:00PM Board Games 12:30PM Lunch 2:30PM Bingo & Snack 12:30PM Lunch 3:00PM Multiple choice 12:30PM Lunch 5:00PM Dinner 2:30PM Bingo & Snack 3:00PM Nails 2:30PM Bingo & Snacks 6:15PM News hour- TV 2:00PM Res Choice 5:00PM Dinner trivia 5:00PM T'day dinner 5:00PM Dinner 5:00PM Dinner 5:00PM Dinner 6:15PM News hour- TV 5:00PM Dinner history 6:15PM Board game 6:15PM True or False game 6:15PM Wii game historv 6:00PM Nails 6:15PM Karaoke \*LOOK FOR FLYERS DURING THE MONTH REGARDING 9:30AM Activity Cart 11:00AM Devotion & Bible VETERAN'S DAY ACTIVITIES AND THANKSGIVING SPIRIT studv 12:30PM Lunch 2:30PM Bingo & Snacks **WEEK\*** 5:00PM Dinner 6:15PM Board game