Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key: AR- ACTIVITIES ROOM CY- COURTYARD RR- ROOM TO ROOM	ctober 202 CS- COBBLESTONE, UNIT 3 FS- FIRESIDE CAFE, UNIT 3 RW- ROCKWOOD, UNIT 4	CH- CHAPEL O- OUTING TCU- UNIT 2 DINING	9:30 Daily Chronicle and Mail Delivery- RR 10:30 Walmart Trip Unit 1+4- O 10:45 Dr. Schram Therapy Group- CH 11:00 Morning Stretches- AR 2 Sewing / Crochet / Knitting -AR 3 UNO- RW	9:30 Daily Chronicle and Mail Delivery- RR 11 Noodle Up! -CS 2:00 Cards -FS 3:30 Musical Guest Rick + Margie! - FS	9:30 Weekend Activity Pack and Mail Delivery- RR 11 Personal Shopping Unit 2+3 11 Fall Chats w/ Snacks- FS 2:00 Baking- AR 3:30 Movie Showing; Mean Girls-AR	10:30 Coffee + Donuts- FS 2 Halloween Card Craft- AR 3:00 Popcorn + Movie- AR 6:00 Independent Activity Board- AR
5	6	7	Yom Kippur Begins	Yom Kippur Ends	10	World Card Making Day 11
10:30 Church Live Stream- AR 11 Word Search Club - FS 2:30 Bingo- FS 3:30 Puzzle Pals - TCU	9:30 Daily Chronicle and Mail Delivery- RR 11:00 Aroma Therapy- TCU 2:00 Cardio Drumming (20m)- AR 3:00 Noodle Up!- CS 3:30 Noodle Craft- AR	9:30 Daily Chronicle and Mail Delivery- RR 10:30 Tea + Coffee Morning Club- FS 2:00 Manicures- AR 3:00 Bingo- AR	9:30 Daily Chronicle and Mail Delivery- RR 11:00 Mid-Morning Stretches- AR Lunch Order from Pierogi Mountain *Give money + Order by 11a* 2:00 Pierogi Trivia- CS 3:00 Mini Corn Hole- FS	9:30 Daily Chronicle and Mail Delivery- RR 11 Color + Chats- TCU 2:00 Cardio Drumming (20m)- AR 2:45 Yahtzee! - RW 3:30 Bingo- AR	9:30 Weekend Activity Pack and Mail Delivery- RR 11:00 World Mental Health Day Chat- FS 2:00 Cupcake decorating- AR 3:30 Cards-AR National Cake Decorating Day	10:30 Coffee + Donuts- FS 2:00 Music Trivia - RW 3:00 Popcorn + Projector Movie- FS 6:00 Independent Activity Board- AR
National Food Service Week!	National Noodle Day	14	National Pierogi Day 15	16	World Mental Health Day	Universal Music Day
10:45 Church Service- CH 11 Coloring Corner- AR 2:30 Bingo- FS 3:30 Puzzle Pals - RW	9:30 Daily Chronicle and Mail 3 Delivery- RR 11:00 Mindful Hand Massages- TCU 2:30 Food Committee - AR 3:00 Resident Council - AR *All are welcome to attend meetings! * 2:00 Culture Chats; Indigenous Peoples Day- FS 3 Cards- FS	9:30 Daily Chronicle and Mail Delivery- RR 10:30 Tea + Coffee Morning Club- FS 2:00 Jeopardy! - RW 3:00 Bingo- FS	9:30 Daily Chronicle and Mail Delivery- RR 10:30 Walmart Trip Unit 2+3- O 10:45 Dr. Schram Therapy Group- CH 11:00 Mid-Morning Stretches- AR 2:00 Manicures- CS 3:30 Blind folded Painting- AR	9:30 Daily Chronicle and Mail Delivery- RR 11:00 Cat Craft- AR 2:00 Cardio Drumming (20m)- AR 2:45 Global Cat Day Trivia- RW 3:30 Scrabble - FS Boss's Day	9:30 Weekend Activity Pack and Mail Delivery- RR 11:00 Lunch Cooking Club; Mac n Cheese- AR 11 Personal Shopping Unit 1+4 2:00 Cards - FS 3:00 Noodle Up!- CS 4:00 Room Rounds- RR	10:30 Coffee + Donuts- FS 2:00 National Sweetest Day Craft + Treat- AR 3:00 Popcorn + Movie- AR 6:00 Independent Activity Board- AR
10	Indigenous People's Day	01	Blind Americans Equality Day	Global Cat Day	National Pasta Day	National Sweetest Day
10:30 Church Live Stream- AR 11 Open Arts+Craft Time- AR 2:30 Bingo- FS 3:30 Puzzle Pals- CS	9:30 Daily Chronicle and Mail Delivery- RR 11:00 Aroma Therapy Trick or Treat Game- TCU 2:00 Cardio Drumming (20m)- AR 3:00 Culture Chats; Diwali - AR 5:00 Room Rounds Diwali	9:30 Daily Chronicle and Mail Delivery- RR 10:30 Tea + Coffee Morning Club- FS 2:00 Cards- RW 3:00 Bingo- FS	9:30 Daily Chronicle and Mail Delivery- RR 11:00 Mid-Morning Stretches- AR 2:00 Croquet - CY *Weather Dependent* 3:00 Bowling- FS	9:30 Daily Chronicle and Mail Delivery- RR 11 Manicures- AR 2:00 Cardio Drumming (20m)- AR 3 Noodle Up! - CS 3:30 Bingo- AR	9:30 Weekend Activity Pack and Mail Delivery- RR 11 Sewing / Crochet / Knitting -AR 2:00 Ice Cream Social -FS 3:00 Origami Craft-AR 5:00 Room Rounds- RR World Origami Day	10:30 Coffee + Donuts- FS 2:00 Trick or Treat Taste Test, Sour/Sweet Edition- CS 3:00 Popcorn + Movie- AR 6:00 Independent Activity Board- AR National Sourest Day!
26	27	28	29	30	31	
10:45 Church Service- CH 1:30 Pentagonal Paper Pumpkin Craft- AR 2:30 Bingo- FS 4:00 Pumpkin Trivia- AR	9:30 Daily Chronicle and Mail Delivery- RR 11:00 Mindful Hand Massages- TCU 2:00 Art With Linda- AR 3:00 Witchy Bingo- FS	9:30 Daily Chronicle and Mail Delivery- RR 10:30 Tea + Coffee Morning Club- FS 2 Pumpkin Decorating- AR 3:30 Movie Showing: Nightmare Before Christmas- AR	9:30 Daily Chronicle and Mail Delivery- RR 10:45 Dr. Schram Therapy Group- CH 11:00 Mid-Morning Stretches- AR 2 Halloween Trivia- CS 3:00 Cards- AR 6pm- Facility Trick or Treat!	9:30 Daily Chronicle and Mail Delivery- RR 11:00 Board Games - RW 2:00 Halloween Mini Golf- FS 3:30 Bingo- AR	9:30 Weekend Activity Pack and Mail Delivery- RR 11 Candy Apple Treats- AR 2 Mummy Wrap Race- FS 3 Halloween Trivia - CS Staff + Resident Halloween Costume Party + Contest!	
National Pumpkin Day	amorton to data is 6	International Animation Day	wa an Camaaana aani a tiba Aati in Di	rator Vatorio Cri. DVD V	Halloween!	
All activities are subject to change. Fo	or most up-to-date information, please of	check our Daily Chronicle. For Question	is or Concerns contact the Activity Dir	rector- Katarina Friz - EXT. 1116 - Katar	ma.iriz@optansneaitncare.com	