

| Sunday                                                                                                                                                    | Monday                                                                                                                                                                                                                                       | Tuesday                                                                                                                                                                                            | Wednesday                                                                                                                                                                                      | Thursday                                                                                                                                                                                        | Friday                                                                                                                                                                                  | Saturday                                                                                                                                                                   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                          |                                                                                                                                                                                                                                              |                                                                                                                                                                                                    | 9:00-Daily Chronicle/Room Visits 1<br>10:30- Chair Aerobics~A.R.<br>11:00- October Trivia! ~A.R.<br><br>2:00-Horror Movie Club~A.R.<br><br>6:30-Puzzle Club(RR)~1D.R.<br><br>Yom Kippur Begins | 9:00-Daily Chronicle/Room Visits 2<br>10:30-Movin &Groovin' ~A.R.<br>11:00-Where were you when...~A.R.<br>2:00-Jewelry making~A.R.<br><br>6:30-Cards Club(RR)~1D.R.                             | 9:00-Daily Chronicle/Room Visits 3<br>10:30-Work Out! ~A.R.,<br>11:00- Have you ever... ~A.R.<br>2:00-Popcorn and a movie-TBD ~A.R.<br>6:30-Cards Club(RR)~1D.R.                        | 10:00-Daily Chronicle/Room Visits 4<br>11:00- Moovin' & Groovin' ~A.R.<br>11:30-Let's Get Trivial! ~A.R<br><br>1:00-Spa Day~ A.R.<br><br>6:30-Cards Club(RR)~1D.R.         |
| 10:00-Daily Chronicle/Room Visits 5<br><br>11:00-Coffee Club & Donuts Devotional T.V.~ A.R.<br><br>1:00- Matinee~A.R.<br><br>6:30- Cards Club(RR)~ 1D.R.  | 9:00-Daily Chronicle/Room Visits 6<br><br>10:30-Stretch & Meditate~A.R.<br>11:00-What's Your sign...~A.R.<br>2:00-Crafting Corner~A.R.<br>6:30- Adult Coloring(RR)~1D.R.<br><br>Sukkot Begins                                                | 9:00-Daily Chronicle/Room Visits 7<br>10:30- Cardio Boxing~~A.R.<br>11:00-Classic Horror trivia ~A.R.<br>2:00-Mystery Prize Bingo~A.R.<br><br>6:30-Puzzle Club(RR)~1D.R.                           | 9:00-Daily Chronicle/Room Visits 8<br><br>10:30-Chair Aerobics~A.R.<br>11:00-Let's Get Trivial!~A.R.<br>2:00-Horror Movie Club~A.R.<br><br>6:30-Puzzle Club(RR)~1D.R.                          | 9:00-Daily Chronicle/Room Visits 9<br>10:30-Movin &Groovin' ~A.R.<br>11:00-Where were you when... ~A.R.<br>2:00- Crafting Corner~A.R.<br><br>6:30-Puzzle Club(RR)~1D.R.                         | 9:00-Daily Chronicle/Room Visits 10<br><br>10:30-Theraband Training~A.R.<br>11:00- Halloween fun facts and figures ~A.R.<br>2:30-Entertainment by Bobby G.<br>6:30-Word Games(RR)~1D.R. | 10:00-Daily Chronicle/Room Visits 11<br>11:00- Moovin' & Groovin' ~A.R.<br>11:30-Let's Get Trivial! ~A.R<br><br>1:00-Spa Day~ A.R.<br><br>6:30-Cards Club(RR)~1D.R.        |
| 10:00-Daily Chronicle/Room Visits 12<br>11:00-Coffee Club & Donuts Devotional T.V.~ A.R.<br><br>1:00- Matinee~A.R.<br><br>6:30- Cards Club(RR)~ 1D.R.     | 9:00-Daily Chronicle/Room Visits 13<br>10:00-Blakes Big Apple Orchard Trip with pizza lunch on bus. Return around 3:00p<br>6:30- Adult Coloring(RR)~1D.R.<br><br>Thanksgiving Day (Canada)<br>Indigenous Peoples' Day<br>Columbus Day (U.S.) | 9:00-Daily Chronicle/Room Visits 14<br><br>10:30- Cardio Boxing~~A.R.<br>11:00-Now you know...~A.R.<br><br>2:00-Mystery Prize Bingo~A.R.<br>6:30-Puzzle Club(RR)~1D.R.<br><br>Simchat Torah Begins | 9:00-Daily Chronicle/Room Visits 15<br><br>10:30-Chair Aerobics~A.R.<br>11:00-Let's Get Trivial!~A.R.<br>2:00-Horror Movie Club~A.R.<br>6:30-Adult Coloring (RR)~1D.R.                         | 9:00-Daily Chronicle/Room Visits 16<br>10:30-Movin &Groovin' ~A.R.<br>11:00-Where were you when... ~A.R.<br>2:00- Travel Without A Passport Translyvania~2D.R.<br><br>6:30-Cards Club(RR)~1D.R. | 9:00-Daily Chronicle/Room Visits 17<br>10:30-Theraband Training~A.R.<br>11:00- Have you ever...~A.R.<br><br>2:00- Movie &popcorn- TBD ~A.R.<br>6:30-Cards Club(RR)~A.R.                 | 10:00-Daily Chronicle/Room Visits 18<br>11:00- Moovin' & Groovin' ~A.R.<br>11:30-Let's Get Trivial!~A.R<br><br>2:00-Worship Service~ A.R.<br><br>6:30-Cards Club(RR)~1D.R. |
| 10:00-Daily Chronicle/Room Visits 19<br>11:00-Coffee Club & Donuts Devotional T.V. ~A.R.<br><br>1:00- Matinee~1:00-A.R<br><br>6:30- Cards Club(RR)~ 1D.R. | 9:00-Daily Chronicle/Room Visits 20<br>10:30-Stretch & Meditate~A.R.<br>1:30- Food committee meeting~ A.R.<br>2:00- Resident Council~ A.R.<br><br>6:30-Puzzle Club(RR)~1D.R.                                                                 | 9:00-Daily Chronicle/Room Visits 21<br><br>10:30-Coffee and Conversations ~A.R.<br><br><b>5:30-7:00 Trick or Treating~B.P.</b>                                                                     | 9:00-Daily Chronicle/Room Visits 22<br><br>10:30-Chair Aerobics~A.R.<br>11:00 Halloween Traditions~A.R.<br>2:00-Horror Movie Club~A.R.<br>6:30-Adult Coloring (RR)~1D.                         | 9:00-Daily Chronicle/Room Visits 23<br>10:30-Movin &Groovin' ~A.R.<br>11:00-Have you Ever...<br><br>2:00-Pumpkin Decorating ~A.R.<br><br>6:30-Cards Club(RR)~1D.R                               | 9:00-Daily Chronicle/Room Visits 24<br><br>10:30-Theraband Training~A.R.<br>11:00- Trivia ~A.R.<br>2:00- Movie &popcorn-TBD ~A.R.<br>6:30-Cards Club(RR)~A.R.                           | 10:00-Daily Chronicle/Room Visits 25<br>11:00- Moovin' & Groovin' ~A.R.<br>11:30-Let's Get Trivial!~A.R<br><br>1:00-Spa Day~ A.R.<br><br>6:30-Cards Club(RR)~1D.R.         |
| 10:00-Daily Chronicle/Room Visits 26<br>11:00-Coffee Club & Donuts Devotional T.V. ~A.R.<br><br>1:00- Matinee~A.R<br><br>6:30- Cards Club(RR)~ 1D.R.      | 9:00-Daily Chronicle/Room Visits 27<br>10:30-Stretch & Meditate~A.R.<br>11:00-T.V. Trivia~A.R.<br>2:00-Bible Study~A.R.<br><br>6:30-Puzzle Club~(RR)~1D.R.                                                                                   | 9:00-Daily Chronicle/Room Visits 28<br><br>10:30- Guided Meditation ~A.R.<br>11:00-Who did it...~A.R.<br><br>2:00-Fall Crafting Corner~A.R.<br>6:30-Puzzle Club~(RR)~1D.R.                         | 9:00-Daily Chronicle/Room Visits 29<br><br>10:30-Chair Aerobics~A.R.<br>11:00-Coffee and Conversations~A.R.<br>2:00-Horror Movie Club~A.R.<br>6:30-Adult Coloring (RR)~1D.                     | 9:00-Daily Chronicle/Room Visits 30<br>10:30-Movin &Groovin' ~A.R.<br>11:00-Have you Ever...<br><br>2:00-Music With John ~A.R.<br><br>6:30-Cards Club(RR)~1D.R                                  | 9:00-Daily Chronicle/Room Visits 31<br><br>10:30-Theraband Training~A.R.<br>11:00-Halloween Trivia~A.R.<br>2:00- Movie-Hocus Pocus ~2D.R.<br>6:30-Cards Club(RR)~A.R.                   |                                                                                       |

~All activities as well as time and location could be subject to change for various reasons. Please stay tuned as the updates will be made available. Activities will also be taking place outside on the back patio(B.P.) weather permitting. Location Index: A.R.=Activity Room, 1st Floor Dining Room= 1D.R, 2nd Floor Dining Room = 2D.R. R.C.=Resident Choice. Resident Ran=(RR)