

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



August 2025

Shelby – An Optalis Health & Rehabilitation Center



3 9:00 Friendly Room Visits 10:30 Virtual Church Session (A) 2:00 Ice Cream Social 2:30 Independent Activities (DR)	4 10:00 Morning Club (A) 11:00 Seated Exercises for a Sharper Mind (A) 2:00 Ice Cream Social 3:00 Beat the Dealer Game (A) 6:30 Music Mondays with Michelle (A)	5 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social 3:00 Blurt Game (DR)	6 10:30 Pet Therapy Group (DR) 1:00 Room Visits 2:00 Ice Cream Social 2:30 Music Entertainment with Gary (DR) 6:30 Ice Cream Treats in Courtyard	7 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social 3:00 Roll and Cover (A)	8 10:00 Virtual Music Therapy (A) 10:30 Chef's Table Discussion (A) 2:00 Ice Cream Sundae Bar 3:00 Watermelon Social (Courtyards) 8:00 Friday Movie (Ch. 10)	9 10:30 Who, What & Where? Clues (A) 1:00 Friendly Room Visits 2:30 Nostalgic Trivia (A)
10 9:00 Friendly Room Visits 10:30 Bible Study: Grace in the Bible (A) 2:00 Ice Cream Social 2:30 Independent Activities (DR)	11 10:00 Jeopardy (A) 11:00 Morning Stretches (A) 2:00 Ice Cream Social 2:00 Resident Council (A) 3:00 High Card Low Card (A) 6:30 Men's Night: "Would You Rather?" Game	12 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social 2:30 Music Therapy with Dr. Butler (A)	13 10:00 Morning Club (A) 11:00 Cornhole Toss (A) 1:00 Room Visits 2:00 Ice Cream Social 3:00 Illuminated Mandalas Craft (DR) 6:30 Game Night (A)	14 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social 3:00 Dog Days Guessing Game (DR)	15 10:00 Morning Club (A) 11:00 Rosary (A) 2:00 Ice Cream Social 2:30 Music Entertainment with Joe Lipari (DR) 8:00 Friday Movie (Ch. 10)	16 10:30 Weekend Morning Club (A) 1:00 Friendly Room Visits 2:30 Outdoor Fun & Activities (Courtyard)
17 9:00 Friendly Room Visits 10:30 Virtual Catholic Mass (A) 2:00 Ice Cream Social 2:30 Independent Activities (DR)	18 10:00 Morning Club (A) 11:00 Rock n' Roll Fitness (DR) 2:00 Ice Cream Social 3:00 "Beaumont Derby" Race Game (DR) 6:30 Violin Evening Strolls	19 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social & Piano Music with Nancy 3:00 "Travel" to Kansas (A)	20 10:00 Morning Club (A) 10:30 Outdoor Exercises (Courtyard) 1:00 Tigers Club vs. Astros (DR) 2:00 Ice Cream Social 3:00 Tigers Club (DR) 6:30 Trivia Night (A)	21 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social 2:30 August Birthday Party and Entertainment with Pam (DR)	22 10:00 Morning Club (A) 11:00 Ladder Ball (A) 2:00 Ice Cream Social 3:00 Paint & Sip (DR) 8:00 Friday Movie (Ch. 10)	23 10:30 Who, What & Where? Clues (A) 1:00 Friendly Room Visits 2:30 Star of the Month: Melissa McCarthy (A)
24 9:00 Friendly Room Visits 10:30 Hymns & Praise (A) 2:00 Ice Cream Social 2:30 Independent Activities (DR)	25 10:00 Wizard of Oz Day 11:00 Exercise & "Move Through Oz" (A) 2:00 Ice Cream Social 3:00 Music Melodies from "Yellow Brick Road"	26 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social 3:00 Seashore Sensory Kit (Rooms)	27 10:00 Cooking Club (A) 1:00 Room Visits 2:00 Ice Cream Social 3:00 Resident Choice Game (A) 6:30 Sunset Stretch & Aroma Therapy (A)	28 10:30 Bingo (DR) 1:00 Room Visits 2:00 Ice Cream Social 2:30 Music Entertainment with Fran & The Ramblers (DR)	29 10:00 Morning Club (A) 11:00 Rosary (A) 2:00 Ice Cream Social 3:00 Wine, Cheese & Crackers Happy Hour (DR) 8:00 Friday Movie (Ch. 10)	30 10:30 Weekend Morning Club (A) 1:00 Friendly Room Visits 2:30 Balloon Volleyball (Courtyard)
31 9:00 Friendly Room Visits 10:30 Virtual Church Service (A) 2:00 Ice Cream Social 2:30 Weekend Games (A)	**Activity Calendar Subject to Change** Activities in Courtyard are Weather Permitting DR = Dining Room A = Activity Room					

