March 6, 2020

Dear Family and Friends,

With the recent outbreak of the Coronavirus (CoVID-19), Optalis Health Care would like to take this opportunity to touch base with our community’s residents, families, and staff. We want to ensure that we are committed to staying knowledgeable on the latest information regarding this virus. We are committed to planning ahead of time for what needs to happen at various phases of the virus presenting here.

We are working closely with the local and state health departments, the CDC, as well as various other collaborative groups for up to date information, guidance and preventative steps.

Together we can prevent the spread of respiratory diseases in our communities. For this reason we are asking the following:

- Please refrain from visiting the facility if you have a respiratory infection, cough, sore throat, or fever. We are happy to assist anyone with a factime/skype visit should you desire.
- Please do not visit if you have traveled internationally within the last 14 days to a restricted country. For updated information on restricted countries visit: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html or if you have had contact with someone with CoVID-19 or someone under investigation.
- Follow good health habits:
  - covering your cough or sneeze
  - avoid touching your eyes, nose and mouth
  - wash your hands often
  - stay home if you are not feeling well.

Our facility is equipped with various items for health and prevention and are proactively working with our vendors to ensure we have the necessary items to prevent the spread of disease. For up to date information on the Coronavirus you may visit www.cdc.com.

If you would like updated communications as we publish Please send an email to COVID@optalishealthcare.com. We will send emails with information as we receive it.

Sincerely,

Optalis Healthcare