

SHELBY TOWNE POST



December 2017

Monthly Birthday Party

Join us in the Main Dining Room for our Monthly Birthday Party on Thursday, December 14th at 2:30
Entertainment-Dan Bergan

All residents, families & guests are welcome to join in the celebration!



Resident Christmas Party

Join us December 7th at 5:00pm for the resident and family Christmas Party in the Main Dining Room!

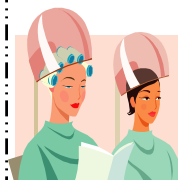


Appetizers & beverages will be served.
Entertainment by the Ramblers Band from 5:30-6:30

Entertainment Schedule:

- Thursday 7th: Ramblers Band 5:30
Holiday Party
- Friday 8th: Youth Christmas Choir 6:30
- Saturday 9th: Jerry Thomas and Kids Christmas Show 3:00
- Sunday 10th: Cub Scouts Carolers 2:30
- Thursday 14th: Dan Bergan 2:30
Birthday Party
- Sunday 17th: Macomb Community Band Christmas Show 1:30
- Monday 18th: Vanessa Carr 7:00
- Thursday 21st: Chet Penkala 2:30
- Thursday 21st: Judelaires Choir 7:00
- Saturday 23rd: Eisenhower Flute Trio 2:30
- Thursday 28th: Leonard Dow 2:30
New Years Party

Elder Elegance Beauty Salon



Open: Tuesday and Friday

Sign up for services with the Receptionist



Ice Cream Social!

Join us daily for our afternoon ice cream social from 2:30-3:30pm in the Main Dining Room.

Employee of the Month

Monica Yousif-Bistro

Monica was born in Mangesh, Iraq along with four brothers and two sisters. She is currently married with four children. She attended high school in Mangesh and continued her education at Baghdad University where she received her degree in Health Inspection. She also owns her own laser hair removal company called Muntaha's Laser & Electrolysis Hair Removal.

In her free time she enjoys cooking, going to the gym & spending time with her kids.

She started working at Shelby in October of 2017. What she enjoys most about working here is the friendly environment. She likes how friendly the staff are and how well everyone works together. The staff make her job very enjoyable.

She enjoys having the ability to put a smile on the resident's faces every day!

Thank you Monica, for your dedication and hard work to Shelby Nursing Center's resident, family members and staff!!

Nominations for Employee of the Month

Every month we like to recognize the super employees at Shelby Nursing Center!

Please take the time to fill out a form (located in the front lobby), nominating an employee (first & last name) and briefly describe why you think they should be Employee of the Month.

Nominations can be made by residents, family members, or staff members.

- | | |
|--------------------|-----------------|
| Lori Danilkiewicz | Kyle Androyna |
| LaShanna Potts | Terri Baker |
| Cindy Schroeder | Nicole Woods |
| Todd Henderson | Connie Reese |
| Elena Bejan | Beth Talmadg |
| Marie Radiguet | Katie Nardelli |
| Amanda Matthews | Monica Yousif |
| Kristie Jones | Dion Smith |
| Qualisha Joins | Kathy Hankins |
| Sharmaine Moore | Sam Razminas |
| Trinia Harrington | Angie Milkowski |
| Sherice Owens | Patti Hlavty |
| Arleana Ballestero | |
| Carlita Tyler | |

Christmas Day Lunch will be served in the Main Dining Room.

Cost is \$14.00 for guest meal



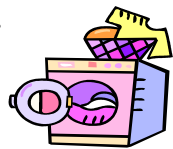
On the menu:
Cream of mushroom soup
Prime rib with gravy
Mashed potatoes
Green bean casserole
Dinner roll
Strawberry short cake



Please make reservations at the front reception desk

Laundry Services

Shelby Nursing Center offers **free personal laundry & labeling services.** Labeling is strongly recommended for all patients. In the event of misplaced clothing, labeling enhances our ability to recover your items.



Our thoughts and prayers are extended to the families and friends of...

Lillian Platt
Frank Noce
Calvin Tapert
Anna Orlando
Roy Bannasch
Gerald Mazurkiewicz



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Monthly Resident Council Meeting

You are invited to our monthly resident council meeting on Monday, December 18th at 3:30pm in the Activity Room. This meeting is for all residents that are in our facility, including those in rehabilitation and skilled

nursing care!
The resident council meeting is a time for residents to voice their opinions about nursing, dietary, maintenance, housekeeping/laundry, activities, social services, resident rights

and grievance procedures. We also discuss what the facility can do to enhance your quality of life and where you can go to review the current Department of Health survey results.



Cooking Corner Sugar Cookies

Ingredients:

1. 2 3/4 cups flour
2. 1 tsp baking soda
3. 1/2 tsp salt
4. 1 1/4 cup margarine
5. 2 cups white sugar
6. 2 eggs
7. 2 tsp vanilla extract
8. 1/4 cup sugar (decoration)

Directions:

1. Pre heat oven to 350 degree.
2. In medium bowl, stir flour, baking soda and salt together. Set aside
3. In large bowl, cream together margarine, 2 cups sugar until light and fluffy. Beat in the eggs one at a time, then the vanilla. Gradually stir in the dry ingredients until just blended. Roll dough into walnut sized balls and roll the balls in remaining 1/4 cup sugar.
4. Place cookies 2 inches apart onto ungreased cookie sheet and flatten slightly
5. Bake 8-10 minutes in oven, until lightly browned edges
6. Enjoy when cooled!

Holiday Wreath Raffle!!

The Recreation Department will be selling raffle tickets for a beautiful Christmas Wreath!

1 ticket- \$1.00

6 tickets- \$5.00

15 tickets- \$12.00

Wreath will be on display outside of activity room

Drawing will be December 7th at the resident Christmas Party



Afternoon at the Movies

Enjoy a movie in the comfort of your own room!

Movies will be shown on Channel 5.

Everyday at 2:00pm
and

Monday-Friday at 6:00pm

Resident Birthdays



Robert Bernard
Mary Block
Cynthia Cramer
Edeltraud Klein
Linda Kuczaj
Theodore Laurencel

Johnnie Redmond
Germaine Sawicki
Cecelia Sefcik
Patricia Stemzynski
Salvatore Lo Chirco
Barbara Odorico



Spiritual News

- ◇ Catholic Mass and Communion are available every Monday at 10:30am in the Main Dining Room.
- ◇ Rosary available the 2nd and 4th Friday of the month at 10:30 in Main Dining Room
- ◇ Non-denominational services are held every 2nd and 4th Sunday at 10:30am in the Main Dining Room.



December Dates to Celebrate

Aids Awareness Month
National Tie Month
Food Service Safety Month
Bingo's Birthday Month
1st-7th Cookie Cutter Week
17th-23rd Cookie Exchange Week
1st-Clark Kent's Birthday
4th-National Sock Day
6th-St Nicholas Day

7th-National Cotton Candy Day
12th-Ginger Bread House Day
14th-Yoga Day
20th-National Sangria Day
21st-Crossword Puzzle Day
24th-Christmas Eve
25th-Christmas Day
31st-New Year Eve

Name the Christmas Song

- “Round yon virgin mother and child”
A-Jingle Bells
B-Ill Be Home for Christmas
C-Silent Night
D-We Three Kings
- “Bearing gifts we traverse afar”
A-Silent B-We Three Kings
C-Ill Be Home For Christmas
D-Jingle Bells
- “And Heaven and nature sing”
A-Away in a Manger
B-Joy to the World
C-While Shepard's Watches
D-White Christmas
- “Tis the season to be jolly”
A-Deck of the Halls
B-The First Noel
C-Away in a Manger
D-Joy to the World
- “God and sinners reconciled”
A-O Come O Come Emmanuel
B-Hark the Herald Angels
C-First Noel
D-O Come All Ye Faithful
- “Looked down where he lay”
A-The First Noel
B-Joy To The World
C-Little Town of Bethlehem
D-Away in a Manger
- “O Tidings of comfort and joy”
A-God Rest Ye Merry Gentleman
B-The First Noel C-Away in a Manger
D-Ding Dong Merrily on High
- “Making spirits bright”
A-Jingle Bells B-Ave Maria
C-White Christmas D-Joy to the World

What Does Your Zodiac Sign Mean?

Sagittarius; December 1-21

Symbol: Archer

Element: Fire

Planet: Jupiter

Qualities of Sagittarius: *Risk takers, confident, positive, generous, social and lucky*

What's lucky?

Color-Yellow

Stone-Sapphire

Day- Thursday

Number-3



Capricorn; December 22-31

Symbol: Goat

Element: Earth

Planet: Saturn

Qualities of Capricorn: *helpful, improviser, determined, ambitious, conservative, practical*

What's lucky?

Color-Brown

Stone-Dark Sapphire

Day- Saturday

Number-1,4,8



Capricorn~



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pizza, subs, soups and more!
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Hours

*of Operation:
7:00am-7:00pm Daily
Located: Hudson 900 Hall*

Meet Your Recreation Staff:

Samantha Razminas, CTRS-
Recreation Director
Kathy Hankins, RT
Sherry Nasierowski, RT
Joshua Valley, CTRS
Dawn Richardson, RT
Alija Heric, RT

Name that Christmas Tune Answer

- 1-Silent Night*
- 2-We Three Kings*
- 3-Joy to the World*
- 4-Deck the Halls*
- 5-Hark the Herald Angels*
- 6-Away in a Manger*
- 7-God Rest Ye Merry Gentleman*
- 8-Jingle Bells*