

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2019



Evergreen Health and Rehabilitation Center

							1 11:00 Exercise 2:00 Ice Cream Social 3:30 Happy Hour 6:00 Friday Movie Night – Channel 26	2 9:30 Weekend Cart (Redwood and Cedar) 11:00 Weekend Fitness 1:00 Rosary Session 2:00 Ice Cream Social 3:30 Games Available in Activity Resource Room
3 9:30 Weekend Cart (Hickory and Oakridge) 11:00 Weekend Fitness 1:00 Community Outing 2:00 Ice Cream Social 3:30 Games Available in Activity Resource Room <small>Daylight Saving Time Ends</small>	4 9:00 Morning Club (O) 11:00 Exercise 2:00 Ice Cream Social 2:30 Spiritual on Wheels 3:30 Bingo 6:30 Jeopardy Night	5 9:00 Morning Club (O) 9:30 Communion Visits 11:00 Qigong Exercises 2:00 Ice Cream Social 3:30 Beat the Dealer 6:00 Movie Night – Ch.26	6 9:00 Morning Club (O) 11:00 Exercise 2:00 Ice Cream Social 3:30 Open Recreation 6:30 Bingo	7 9:00 Morning Club (O) 9:30 Communion Visits 11:00 Fitness Dice/Pet Tx 3:30 Aromatherapy: Relaxation Hour 6:30 Group Crossword	8 10:00 Morning Club 11:00 Exercise 2:00 Ice Cream Sundaes 3:30 Paint & Sip: Fall Leaves Dot Painting 6:00 Friday Movie Night – Channel 26	9 9:30 Weekend Cart (Redwood and Cedar) 11:00 Weekend Fitness 1:00 Rosary Session 2:00 Ice Cream Social 3:30 Games Available in Activity Resource Room		
10 9:30 Weekend Cart (Hickory and Oakridge) 11:00 Weekend Fitness 2:00 Ice Cream Social 3:00 Spiritual Singing 3:30 Prayer Service	11 9:00 Morning Club (O) 11:00 Exercise 2:00 Ice Cream Social 2:00 Bible Study (R) 3:30 Veterans Day Program – Main D/R 6:30 Bingo <small>Veterans Day (US) Remembrance Day (Canada)</small>	12 9:00 Morning Club (O) 9:30 Communion Visits 11:00 Mind/Body Fitness 2:00 Ice Cream Social 3:30 Name That Tune 6:00 Movie Night – Ch.26	13 9:00 Morning Club (O) 11:00 Exercise 2:00 Music with Richard 3:30 Cooking Discussion 6:30 Bingo	14 9:00 Morning Club (O) 9:30 Communion Visits 11:00 Movement Ball 3:30 Cooking Group 6:30 Po*Ke*No Night	15 10:00 Morning Club 11:00 Exercise 2:00 Ice Cream Social 3:30 Happy Hour: Pumpkin Pies / Coffee 6:00 Friday Movie Night – Channel 26	16 9:30 Weekend Cart (Redwood and Cedar) 11:00 Weekend Fitness 1:00 Rosary Session 2:00 Ice Cream Social 3:30 Games Available in Activity Resource Room		
17 9:30 Weekend Cart (Hickory and Oakridge) 11:00 Weekend Fitness 2:00 Ice Cream Social 3:00 Oakland University Orchestra Performance	18 9:00 Morning Club (O) 11:00 Exercise 2:00 Ice Cream Social 2:00 Bible Study (R) 3:30 Bingo 6:30 Game Night	19 9:00 Morning Club (O) 9:30 Communion Visits 11:00 Twister Exercises 2:00 Ice Cream Social 3:30 Resident Council 6:00 Movie Night – Ch.26	20 9:00 Morning Club (O) 11:00 Exercise 2:00 Ice Cream Social 3:30 Craft: Thanksgiving Wreath Activity 6:30 Bingo	21 9:00 Morning Club (O) 9:30 Communion Visits 11:00 Exercise / Pet Tx 1:00 Individual Visits 5:00 Thanksgiving Dinner and Music Event	22 10:00 Morning Club 11:00 Exercise 2:00 Ice Cream Social 3:30 Spa Day Fun 6:00 Friday Movie Night – Channel 26	23 9:30 Weekend Cart (Redwood and Cedar) 11:00 Weekend Fitness 1:00 Rosary Session 2:00 Ice Cream Social 3:30 Games Available in Activity Resource Room		
24 9:30 Weekend Cart (Hickory and Oakridge) 11:00 Weekend Fitness 2:00 Ice Cream Social 3:30 Games Available in Activity Resource Room	25 9:00 Morning Club (O) 11:00 Exercise 2:00 Ice Cream Social 2:00 Bible Study (R) 3:30 Bingo 6:30 Poetry Night	26 9:00 Morning Club (O) 9:30 Communion Visits 11:00 Mind/ Body Fitness 2:00 Ice Cream Social 3:30 Family Feud Game 6:00 Movie Night – Ch.26	27 9:00 Morning Club (O) 11:00 Exercise 2:00 Ice Cream Social 3:30 Thankful Basket 6:30 Bingo	28 10:00-11:30 Thanksgiving Activities 1:00 Individual Visits 2:00 Ice Cream Social 3:30 Games Available in Activity Office <small>Thanksgiving Day (US)</small>	29 10:00 Morning Club 11:00 Exercise 2:00 November Birthday Party & Music w/Christine 3:30 Happy Hour 6:00 Friday Movie Night – Channel 26	30 9:30 Weekend Cart (Redwood and Cedar) 11:00 Weekend Fitness 1:00 Rosary Session 2:00 Ice Cream Social 3:30 Games Available in Activity Resource Room		