



EVERGREEN | SHELBY | SHOREPOINTE | WOODWARD HILLS

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 OPTALIS HEALTH & REHABILITATION CENTERS

## Our guests say it all...

*Each Optalis Health & Rehabilitation Center offers a distinctively personalized road to your recovery. Our outstanding care and luxurious settings remain steadfast. Based on decades of experience, we offer you the most advanced medical treatment, comfort, and compassion that can be found in one place.*

*"My husband is a patient at this facility now. He came from Providence Hospital after he was diagnosed with heart failure. I am a Physician, and I am so pleasantly surprised at how well this facility runs. All Doctors, Nurses, Nursing Assistants, and Therapy staff are so knowledgeable and caring. We are treated with such love and respect. My husband is feeling better, and we plan to take him home this Saturday. We would recommend this facility to all our friends and family. And their food is great too!" - Irma K.*

*"I was just discharged last week from this facility. Happy to be home, I have no complaints. My therapists were very vigilant working with me, and I feel as if my balance and strength are better than ever." - Christina W.*

*"I cannot say enough good things about all of the physical therapists and nurses that helped my father with his recovery. It would have been a significant challenge for my mother to have him at home after the surgery. Now that he is home – he is moving around better than ever before. Thank you to everyone at ShorePointe for helping my "papa" after his surgery. I highly recommend it!!" - James S.*





## A team approach... with you at the center

Several signature levels of care are offered at Optalis facilities, including short-term rehabilitative therapy, skilled nursing care, respite and hospice care. Regardless of your specific situation, one of the best teams in the field will develop an individualized plan that's right for you.

It's part of our holistic approach to your treatment – an approach that recognizes that your particular path to healing and recovery is best served by considering all aspects of your life. Physical Therapy, Occupational Therapy and Speech Language Pathology are all available as needed and prescribed. And to help you progress at the speed that's right for you, services are available through licensed professional therapists seven days per week. Therapy programs also are offered for pain management, balance training, fall prevention and cardiopulmonary care.

*When it's time for your next phase of care and recovery, you can count on Optalis Health & Rehabilitation Centers to deliver the right team with the right skills at the right time to get you on the mend.*





## Smoothing the road ahead

Our comprehensive approach recognizes that getting your life back takes a combination of traditional therapy and having a little fun along the way.

You are in skilled hands when you choose an Optalis facility. And you can rest assured those hands have the tools needed to help meet your specific goals and objectives.

For decades, our centers have been at the forefront of rehabilitative therapy. We pioneered a simulated real-life environment called “The Homestead.” It allows you to work with therapy professionals to re-master the skills needed to return home safely.

Our facilities also include the latest equipment to help you regain strength and confidence. In addition to using specially designed treadmills and recumbent bikes, you easily could find yourself playing a round of virtual golf or tennis to build hand-eye coordination and strength.

Depending on which Optalis center you choose, you also may take advantage of Southeast Michigan’s largest and most comprehensive therapy gym where you can even practice getting in and out of a luxury automobile. It’s all done with your end goals in mind and to prepare the path for your trip home and the return to your normal routines.

The bottom line is that all of our outstanding rehabilitation facilities, and the team behind them, are designed to smooth your road to recovery.



## Discover a welcome waypoint... on your road to recovery

At an Optalis facility, we truly understand that wellness and well-being come from putting both body and mind in a comfortable place. That's why our accommodations are designed to reflect the setting and amenities of a luxury hotel or upscale resort.

### Your care and comfort go hand in hand with:

- Well-appointed private and semi-private rooms featuring attractive furnishings, flat-screen TVs, HD cable programming and WiFi internet access
- Stunning dining rooms offering the opportunity to socialize and interact with others
- Personalized daily menu selections crafted by a board-certified dietitian who knows that food plays a vital role in renewing both body and spirit
- Serene gardens and courtyards creating a place to enjoy fresh air and appreciate the beauty of nature
- Elegant yet relaxed lounges for family and friends to congregate and visit

But perhaps nothing says more about our commitment to your comfort and service than our dedicated on-site concierge. Like any Five-Star hotel, our concierge is there to answer questions and help respond to your individual needs anytime they arise.





## A proven history of success... a commitment to the future

Over the years, our facilities have been regularly recognized by independent, third-party sources.

- Five-Star rating from the federal government's Centers for Medicare & Medicaid Services, its highest possible award
- Recognition by US News & World Report as one of "America's Best" nursing centers
- MPRO Governor's Award of Excellence
- Featured in Good Housekeeping magazine
- Multiple-year recipient of Detroit Free Press' "Top Work Places"
- Deficiency free or "perfect surveys" from the State of Michigan's Division of Nursing Home Monitoring

As leaders in the field with a proven history of success and results, Optalis centers can be trusted to help navigate the best course for your rehabilitation, recovery and comfort.

*Optalis facilities have set the standard for excellence in rehabilitative and sub-acute care following a hospital stay.*



Five-Star Quality Rated  
by Centers for Medicare and Medicaid Services



All of the Optalis Health & Rehabilitation Centers in the metro area are committed to delivering excellence, meeting your individual needs and attending to the next phase of care that suits you best.

## OPTALIS HEALTH & REHABILITATION CENTERS

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### EVERGREEN

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248-203-9000



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586-566-1100



### WOODWARD HILLS

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